

# JANN ARDEN GETS TURFED FROM VIA RAIL

SONGSTRESS TAKES TO TWITTER AFTER GETTING KICKED OFF FOR HAVING HER DOG ON BOARD OTTAWA-BOUND TRAIN

PAGE 3



OTTAWA

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Monday, March 12, 2012



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Tyson Hinz hoists the W.P. McGee trophy after the Carleton Ravens knocked off the University of Alberta in the CIS Final 8 men's basketball championship game in Halifax on Sunday. Hinz scored 20 points to help lead the Ravens to an 86-67 victory. RYAN TAPLIN/METRO HALIFAX

# Transplant upset for H  l  ne Campbell

## Lung transplant.

Ottawa woman says she had operation scheduled for 7 a.m. Sunday



JOE LOFARO  
Metro in Ottawa

Ottawa's H  l  ne Campbell was given some hope of an organ transplant Sunday, only to be told the operation had to be called off.

Campbell, who has advanced pulmonary fibrosis and has to live in Toronto to

wait for a double-lung transplant, said a transplant team called her at 2 a.m. Sunday telling her they had a pair of lungs waiting for her and she had to be at the hospital in an hour.

"At one point I got this huge adrenaline kick and I was like, 'I'm going to dance with Ellen (DeGeneres),'"

said Campbell, who shared her excitement with her 9,000 Twitter followers. The 20-year-old appeared on DeGeneres' talk show Feb. 16, via Skype, after asking her to support her online organ-donation awareness campaign.

Campbell's adrenaline dwindled at the hospital, though, when doctors said one of the lungs wasn't suitable for her.

But the news didn't seem to crush her hopes.

"If it's not this time, you just keep the positive spirit and say, 'Hey, they weren't the right match and next time, hopefully, they will be,'" she said.

Campbell is known for her #BeAnOrganDonor Twitter campaign, which has garnered the attention of celebrities such as DeGeneres, Justin Bieber and Rick Mercer.

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No Dogs Allowed

Singer Jann Arden and her pooch booted off train to Ottawa



Jann Arden shows off her dog Midi in her Twitter photo.  
TWITTER.COM

Canadian singer Jann Arden was kicked off a VIA Rail train in Oshawa while on her way to a performance in Ottawa, the songstress tweeted Sunday.

"Midi and I got booted off of train rail on route to Ottawa," Arden (@jannarden) tweeted Sunday afternoon.

"To clarify the kicked off train thing ... you apparently can't have little quiet dogs in bags who are sound asleep I might add. S\*\*\*balls...."

Arden arrived in Ottawa by car to play a show Sunday evening at the National Arts Centre. She refused to comment in person on the incident.

VIA's pets policy says dogs, excluding guide dogs, must be transported as checked baggage.

Arden didn't appear pleased with @VIA\_Rail's response.

"you guys suck ... a four-pound dog in a bag and you boot me off in the middle of nowhere? Nice...." she tweeted.

JESSICA SMITH

## Homicide. Police lay murder charges in fatal Byward Market stabbing

Police laid a first-degree murder charge against an 18-year old man in connection with the fatal stabbing of Navid Niran outside of a Byward Market nightclub.

Niran, 24, was stabbed as he was leaving Studio Nightclub in the early morning hours of Jan. 22.

It was the city's first homicide of 2012. Ahmed Hafizi, 18, was to appear in court Friday.

METRO



A forensic investigator walks near the scene of the stabbing in January.  
JESSICA SMITH

## Rescue. Fire crew pulls boy from frigid creek after snowmobile mishap

An Ottawa Fire Service water rescue crew saved a six-year-old boy from a frigid creek in Sarsfield on Saturday.

The boy fell into Bearbrook Creek after the snowmobile he was riding on with his grandfather broke through the ice at about 10:30 a.m.

The Ottawa Paramedic Service said it took 20 to 25 minutes for firefighters to rescue the boy. Paramedics treated the child for hypothermia and took him to hospital in serious,

Rescue

25

It took up to 25 minutes to rescue a boy who fell into a Sarsfield creek Saturday, said the Ottawa Paramedic Service.

but stable condition. The boy is recovering at home with his family.

METRO

# Anti-robocall rally strives to build itself up

### Modest turnout.

Regular folks, some Occupy protesters and a few political party members call for more public engagement and a public inquiry



SEAN MCKIBBIN  
sean.mckibbin@metronews.ca

There was no chanting and very little shouting at the anti-robocall "rally" of 50 or so people at Parliament Hill Sunday. There were some people who belonged to political parties but no MPs.

But anyone who wanted to talk got to talk.

It started awkwardly at first with a few words from a local high school teacher and Occupy Ottawa participant Andy Wilson, who helped organize the gathering along with a woman who called herself "Tiger Lilly."

After a few louder men kept interrupting each other, the Occupy vets employed the same hand signals and meeting rules that worked in the fall protests and people took turns voicing opinions on the steps leading to the Peace Tower.

"We need people to run for office who are honest and care about serving the house, not themselves," said Matthew McCullough, one of a number of people at the rally who called for more public and youth participation in politics.

Many said they want a full, independent inquiry, possibly headed by a retired judge.

"Don't buy the line that an independent inquiry is too expensive. We are spending \$12-\$14 billion on bringing democracy to Afghanistan. I think our country should be worth at least as much," said Ute Thomas to loud applause.

The group resolved to meet next Sunday in the same spot on Parliament Hill with more friends in tow and with more notice given on social media.



Local high school teacher Andy Wilson speaks at a rally on Parliament Hill to protest robocalls. SEAN MCKIBBIN



NEWS

Mobile news



Celine Dion's history with smoked meat extends far beyond her investment in Montreal's Schwartz's.

On the web

### iPad for pigs

Now that the new iPad is out, you may wonder what to do with your outdated iPad 2. Fear not, Metro has you covered. Go to [metronews.ca](http://metronews.ca) for a look at weird ways people use iPads around the world — from entertaining their pigs (it's the law in Europe) to subbing it for a chopping board (à la Jake Gyllenhaal).

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# Vikileaks raises debate about handling of divorce records

**Privacy.** Public Safety Minister Vic Toews' case has prompted questions on whether peeking into divorce files should be allowed

When details of Vic Toews' difficult divorce were splashed across Twitter, many Canadians shared a commiserating shudder with the public safety minister.

Those who've been through an ugly split involving litigation know some of the most intimate details of their lives are often contained in publicly accessible records.

That includes not just bitter affidavits but social insurance numbers, tax returns, mortgage statements, investment details — the list goes on. Even if a case is settled prior to going before a judge, the files remain.

Some family-law and privacy experts suggest the time

has come to change the way divorce records are handled.

Toews last week obtained a court order to see who had accessed his divorce file — parties to the litigation and journalists would not be listed. But that didn't change the public nature of the file itself.

Toronto-area lawyer Andrew Feldstein says one of his clients was ostracized by many friends after a divorce. Feldstein heard through the grapevine many of the couple's acquaintances went

to take a look at the court filings.

"It also gives one side a very large advantage in the negotiation of the matrimonial dispute, because when you put something in a court file, it's subject to absolute privilege," Feldstein says.

"When the media goes and reads a court file, the media can say these are allegations contained in the court file.... That means there's no ability to sue for slander or libel at the end of the day."

THE CANADIAN PRESS

## Counter-argument

Critics warn that protecting the identities of Canadians in family-law cases would only undermine the concept of the open legal system, where the public — and the media by extension — is entitled to know what is going on.

- Chris Waddell, director of Carleton University's School of Journalism and Communication, says the value of having the records remain public

clearly outweighs the few times a couple's divorce files are perused.

- "One thing that's important about politicians is their character. It's in the voter's interest to know the character of politicians, and this might be information that would help you determine the character of a politician," he offers as an example.



## A year later, Japan remembers

Children light candles during a memorial service Sunday for the victims of the March 11, 2011, earthquake and tsunami, near the site of Heijo Palace in Nara, central Japan. The massive quake and tsunami killed just over 19,000 people and unleashed the world's worst nuclear crisis in a quarter-century. KYODO NEWS/THE ASSOCIATED PRESS

## Hate crimes. Gays, 'emo' youths in Iraq targeted by rising violence

Young people who identify themselves as so-called "emos" are being brutally killed at an alarming rate in Iraq, where militias have distributed hit lists of victims and security forces say they are unable to stop crimes against the subculture that is widely perceived in Iraq as being gay.

Officials and human-rights groups estimated as many as 58 Iraqis who are either gay or

believed to be gay have been killed in the last six weeks alone — forecasting what experts fear is a return to the rampant hate crimes against homosexuals in 2009. This year, eyewitnesses and human-rights groups say some of the victims have been bludgeoned to death by militiamen smashing in their skulls with heavy cement blocks.

THE ASSOCIATED PRESS

## Arrest. Panama police nab alleged Canadian Hells Angels fugitive

Police in Panama say they have captured a fugitive with suspected ties to the Hells Angels motorcycle gang who is wanted in Canada for 22 murders.

A police statement says Michel Smith was detained Friday in the Playa Coronado tourist region, 100 kilometres west of Panama City.

The statement released Sunday said Smith was cap-

tured after a two-month surveillance operation, adding that he is wanted in Canada on 29 charges, including 22 counts of murder.

Canadian police have been looking for Smith since a massive 2009 gang sweep in the province of Quebec.

Panamanian police say they are co-ordinating his extradition to Canada.

THE ASSOCIATED PRESS

## Missing money. Head of NGO flees with Canadian aid for Mali: Documents

A Burundian man with permanent-resident status in Canada made off with thousands of dollars in Canadian aid money that was supposed to help people living in one of the poorest countries in the world, newly released documents show.

Officials at the Canadian International Development Agency do not expect to recover \$30,000 from the head of a non-governmental organ-

ization called Cercle de Formation, Recherche, Economique et Sociale, or CFORE, who apparently fled Mali after Canadian diplomats went to court to try to get the money back.

Documents obtained by The Canadian Press under the Access to Information Act show how money meant to improve sanitation in a small village in Mali went missing.

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# U.S. soldier kills 16 Afghan civilians



An Afghan youth mourns for relatives who were allegedly killed by a U.S. service member in Panjwai, Kandahar, Sunday. ALLAUDDIN KHAN/THE ASSOCIATED PRESS

## Deepening crisis.

Rogue army sergeant accused in shooting spree that threatens reconciliation after Qur'an burnings

A U.S. army sergeant is alleged to have opened fire Sunday on Afghan villagers as they slept, killing 16 people — mostly women and children — in an attack that reignited fury at the U.S. presence following a wave of deadly protests over Americans burning Qur'ans.

The attack threatened the deepest breach yet in U.S.-Afghan relations, raising ques-

## Murder spree

**"This is an assassination, an intentional killing of innocent civilians and cannot be forgiven."**

Afghanistan President Hamid Karzai

tions in Washington and Kabul about why American troops are still fighting in Afghanistan after 10 years of conflict and the killing of Osama bin Laden.

The killing spree, the worst atrocity committed by U.S. forces during the Afghan war, comes amid deepening public outrage spurred by last month's Qur'an burnings and an earlier video purportedly showing American Marines

urinating on dead Taliban militants.

The Qur'an burnings sparked weeks of violent protests and attacks that left some 30 Afghans dead, despite an apology from President Barack Obama. Six U.S. service members were also killed by their fellow Afghan soldiers, although the tensions had just started to calm down.

Residents said Sunday's attack began around 3 a.m. in two villages in Panjwai district, a rural region outside Kandahar that is the cradle of the Taliban and where coalition forces have fought for control for years.

The villages are about 500 metres from a U.S. base.

THE ASSOCIATED PRESS

## The suspect

- A U.S. official says the American suspected of killing 16 Afghan villagers Sunday is a soldier from Washington state who was assigned to a remote special-operations site.

- The U.S. official, who spoke on condition of anonymity, says the soldier acted alone, leaving his base in southern Afghanistan and opening fire on sleeping families.

- The official says he was assigned to support a special operations unit of either Green Berets or Navy SEALs.

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Digital drinks

## Buy someone a beer ... on Twitter

A new online app has arrived with the hope of extending happy hour to the digital world.

Since there is no technology as yet that allows one to teleport frosty mugs of liquid, Tweet-a-Beer simply deposits \$5 into the recipient's PayPal account with the suggestion to imbibe. **TORSTAR NEWS SERVICE**

Cyber challenge

## U.K. student wins e-security contest

Cambridge University student Jonathan Millican was named U.K. Cyber Security Champion after beating off other contestants in a challenge to seek out viruses and malware, raise firewalls and fend off hack attacks, in a competition aimed at pulling new talent into Britain's burgeoning cyber-security sector. **THE ASSOCIATED PRESS**



U.K. student Jonathan Millican  
RAPHAEL SATTER/THE ASSOCIATED PRESS

Data depot

## Apple building new data centre

Construction work is underway at Apple's data centre in North Carolina, which will be powered in part by a private solar farm being built by the company.

Apple, based in Cupertino, Calif., uses the data centre to store information as part of its iCloud network. **THE ASSOCIATED PRESS**

# Swiss voters turn down longer holidays

**European austerity.** Referendum tested how comfortable the Swiss feel about their traditional safe-haven economy

Who turns down a long vacation? Known for their work ethic, Swiss citizens appear to be leading the way on European austerity, rejecting a minimum six weeks paid holiday a year.

Switzerland counted ballots Sunday for several national referendums, including one pushed by a union to raise the minimum holiday from four weeks to the standard six used in Germany, Italy, Russia and other European nations. The nation's 26 cantons (states) also held voting on local measures to deal with everything from

demonstrators to prostitutes.

The Swiss heeded warnings from government and business that more vacation would raise labour costs and put the economy at risk. Swiss public broadcaster SSR said two-thirds of voters and all of the cantons had rejected the measure, which required majority approval of all federal and cantonal voters.

"In rejecting the initiative, citizens have kept a sense of reality," said Hans-Ulrich Bigler, director of the Swiss Union of Arts and Crafts, which represents around 300,000 businesses. The referendum, he said in a statement, could have added \$6.52 billion US a year in labour costs to the Swiss economy, but the vote "clearly shows that the population continues to focus on individual freedom and responsibility of citizens."

But one initiative aimed at limiting the number of second homes in resort towns squeaked through with just more than 50 per cent of the nationwide vote, according to SSR. The surprise success of the referendum, championed by 84-year-old journalist-turned-environmental activist Franz Weber, will be of particular interest to wealthy foreigners seeking a retreat in the Alpine nation. **THE ASSOCIATED PRESS**



More sunny vacations? Not for the Swiss, who voted to reject raising minimum paid vacation to six weeks from four. **JOHN HEILPRIN/THE ASSOCIATED PRESS**

Dollars and sense

"In rejecting the initiative, citizens have kept a sense of reality."

Hans-Ulrich Bigler, director of the Swiss Union of Arts and Crafts, which represents around 300,000 businesses

Creative critique

## First Nations artist protests pipeline

First Nations artist Roy Henry Vickers says he has decided to take a public stand against Enbridge Inc.'s proposal to build an oil pipeline from Alberta to Kitimat, B.C.

That protest has come in the form of a T-shirt depicting a red oilcan fish against a green-blue background that turns to black at the bottom, signifying Alberta oil.

The proceeds from shirt sales will go to the Gitksan Unity Movement, a First Nations organization opposed to Enbridge. **THE CANADIAN**

Labour lawsuit

## Fired worker takes NASA to court

NASA's Jet Propulsion Laboratory has landed robotic explorers on the surface of Mars, sent probes to outer planets and operates a world-wide network of antennas that communicates with interplanetary spacecraft.

Its latest mission is to defend itself in a workplace lawsuit filed by a former computer specialist who claims he was laid off for promoting his views on intelligent design.

The trial begins Monday in Los Angeles Superior Court. **THE ASSOCIATED PRESS**

## Smokers sue. Historic tobacco lawsuit due in Quebec court

In the country next door, tobacco companies have been convicted in a landmark racketeering case and been forced because of other lawsuits to pay out at least \$206 billion US over a quarter-century — a sum bigger than the annual GDP of most countries.

The legal skies have been somewhat less stormy here than in the United States. But that could change next week.

A class-action lawsuit from smokers who claim they were duped for years by big tobacco companies as they became addicted to cigarettes, then suffered from serious health problems, will have its day in court.

Canada's three largest tobacco companies are set to square off against a group of Quebec smokers in a landmark civil case that is considered the biggest in Canadian history, with up to \$27 billion in damages and penalties at stake.

The battleground will be a Montreal courtroom and the defendants are Imperial Tobacco Canada Ltd., Rothmans, Benson & Hedges and JTI-Macdonald.

Class action

- One suit filed by a Quebec anti-tobacco group on behalf of Jean-Yves Blais seeks \$105,000 in compensatory and punitive damages for smokers who suffered from cancer in their lungs, larynx or throat, or emphysema or have developed it since the motion.
- Forced to have part of a lung removed because of cancer in 1997, Blais has smoked for 57 years and continues to this day. That suit was initially worth \$5.1 billion.

The case will mark the first time tobacco companies have gone to trial in a civil suit in this country — stemming from two cases that were filed in 1998, certified and consolidated in 2005 by Quebec Superior Court, and marked by motions, delays and appeals.

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# LGBT GROUPS SHOULD BE INVITED TO JUBILEE, TOO



**URBAN COMPASS**  
Steve Collins  
metronews.ca/urbancompass

I've got nothing personal against Carol, author of Carol's Corner. After all, the online columnist for REAL Women of Canada isn't even a real woman. As the

socially conservative organization's website states, she's a "composite," a pseudonym for several writers.

Composite Carol's latest column seems to advance the novel theory that a major cause of bullying against gay teens is, well, gay teens.

"The school boards are so gay-friendly that gays, like other, favoured, usually 'multicultural' groups, can get away with practically any kind of behaviour," she writes, before asking, "Could it be that some bullying is a result of sheer frustration on the part of the 'ordinary' student, who sees that certain students are favoured?"

If I'm following Carol's logic, if gay kids insist on going around being gay, and school boards do nothing to stop them, then it's only understandable when they get victimized. Riiight.

Such kooky pronouncements have long been REAL Women's trademark as they rail against abortion, gay marriage and the other perceived threats to the Canadian family. Whatever. It's a free country, and I usually find them a reliable source of a chuckle or an eye-roll.

But when REAL Women appeared on a list of groups selected by the government to help choose the recipients of 60,000 Queen's Diamond Jubilee Medals, some of the people on the receiving end of their attacks wanted to know why.

(Personally, I'd rather know why Her Majesty's success in warming the throne for 60 years is an occasion for handing out

## 'Not a matter of opinion'

"The bile they spew on their website is so offensive ... it's just as far as I'm concerned hate."

Matt Salton, programming director of Kingston's Reelout gay film festival on why REAL Women should have no part in the Queen's Diamond Jubilee Medals ceremony

Governor General," she told me.

You can count Matt Salton, programming director of Reelout, a gay film festival in Kingston, among those objectors. He considers REAL Women a bunch of straight-up homophobes.

"The bile that they spew on their website is so offensive, it's not a matter of opinion. It's just as far as I'm concerned hate, and they should have no part in (the Jubilee medals) whatsoever," he said.

He's started an online petition to have them struck from the government's list of partners for the medal selection.

Helen Kennedy, executive director of Egale Canada, a gay-rights group, has no objection to REAL Women playing a role in awarding some medals, but she also wants to know why not a single LGBT organization made the government's list of partners.

"I'm not suggesting that (REAL Women) shouldn't be a part of it," she said. "However, you need to have a more progressive voice at the table so you can really recognize all contributions right across the country."

As it stands, Kennedy doesn't expect to see many of the people who've done hard work on LGBT issues receive medals. REAL Women's Watts says the recipients they choose "will be recognized by the majority of Canadians as being deserving and contributing Canadian citizens."

REAL Women's Ottawa office is located in the city's gay village, and while the sight of nearby rainbow flags may not exactly fill them with pride, it's a small city in a small country and we all manage to co-exist. By all means let REAL Women choose some medal recipients, but leaving gay groups out of the process is indefensible.

# Doghouse done up Wright



ALISSE GRATEHOUSE/THE ASSOCIATED PRESS; INSET: RICH PEDRONCELLI/THE ASSOCIATED PRESS

## Architectural one-off

### Master-crafted modest dog digs

Frank Lloyd Wright designed hundreds of landmark buildings during a prolific career that spanned more than seven decades. But in what is widely considered a first and only for the famed architect, Wright indulged a young boy's humble request for a doghouse in 1956 and sent him designs for the structure.

THE ASSOCIATED PRESS

## No charge for the plan



"I was probably his youngest and poorest client."

Jim Berger, 68.

Berger poses with his dog, Sir Charles Barkley, holding the letter he received from famed architect Frank Lloyd Wright who he had asked to design a doghouse for him. Berger was 12 when he wrote to Wright in 1956 asking him to design a home for his dog, Eddie. Wright indulged the young boy's humble request for a doghouse and sent him designs for the structure.

## 12-year-old's request

Wright designed Berger's family's home, prompting the boy to write to the architect.

- "I would appreciate it if you would design me a doghouse, which would be easy to build, but would go with our house," read the letter.
- Berger explained that he would pay Wright from the money he made from his paper route.

## Triangular design

### 3x5x3

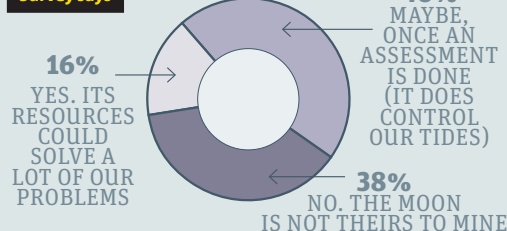
Berger rebuilt the doghouse last year with his brother, using the original plans. The roughly three-feet-wide-by-five-feet-long-by-three-feet-high doghouse has a sharp triangular shape, with a sloping shingled roof. It is made of Philippine mahogany and weighs about 113 kilograms.



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## Should companies be seeking to mine the moon?

### Survey says



## Letters

Re: Slapping a filter on bottled water, by Ben Knight in the March 5, 2012, edition of Metro News.

Mr. Knight makes a number of statements that require correction.

Given that almost 70 per cent of water bottles were recycled across Canada last year, bottled water is not "a significant environmental concern." Water bottles represent less than a fifth of one per cent of the waste stream. If the industry ceased to exist tomorrow, there would be no

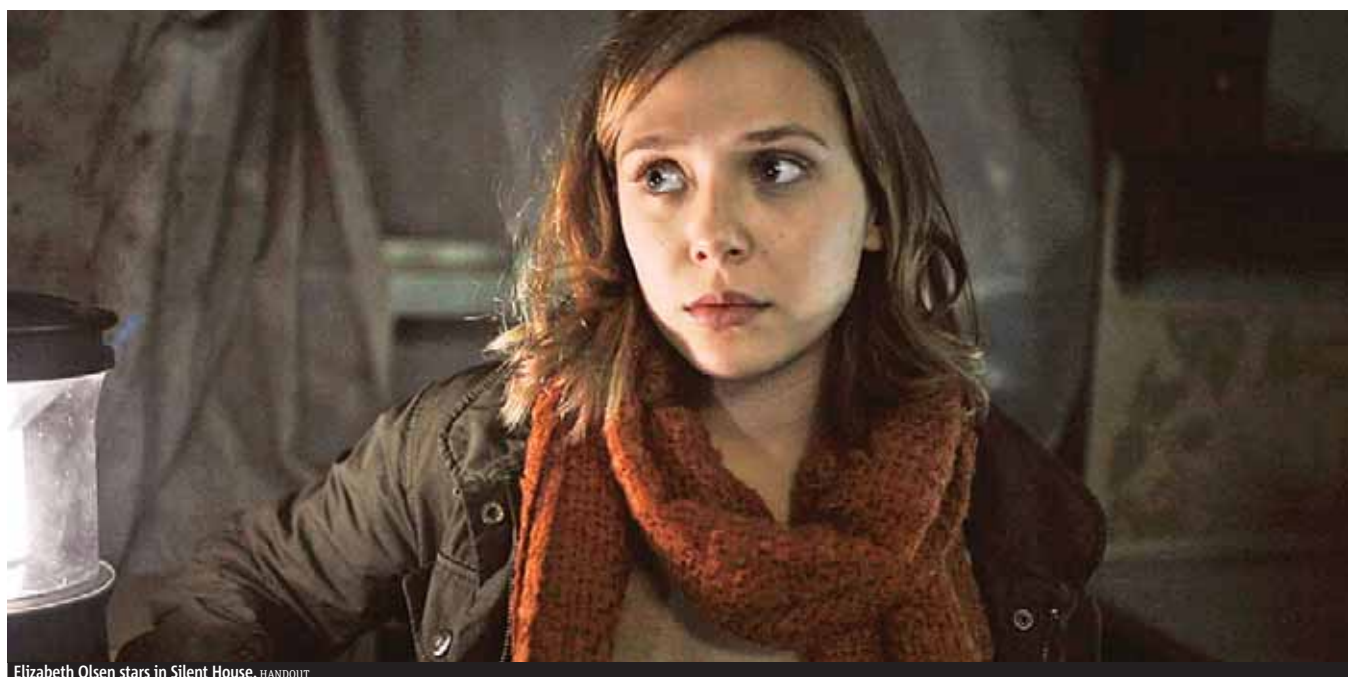
significant reduction in waste going to landfill.

The Federation of Canadian Municipalities did not advocate a ban on bottled water. It called for a reduction in use of bottled water in municipal facilities.

According to an independent study, the carbon footprint of a reusable water bottle is almost five times that of a full bottle of PET plastic-based bottled water.

JOHN B. CHALLINOR II,  
DIRECTOR OF CORPORATE AFFAIRS,  
NESTLÉ WATERS CANADA





Elizabeth Olsen stars in *Silent House*. HANDOUT

# Elizabeth Olsen ramps up the real-time fear

## Acting scared.

Younger Olsen sister says playing horror movie roles comes naturally to her



NED  
EHRBAR  
scene@metronews.ca

Elizabeth Olsen admits taking the lead in the real-time horror movie *Silent House* didn't pose too much of a challenge, acting-wise.

"Becoming scared or something like that isn't the hardest thing, I think, for me

to do," she says. "It's much harder in my mind to do something comedic timing-wise. I find that to be a huge talent."

The ease with which she finds acting scared aside, Olsen is a natural for the horror genre because she's also a huge fan.

"I've been a fan of horror movies since I started watching movies because I was the youngest of four kids, and my brother — who's the oldest in the family — loves scary movies, and I'm very much his sister," she says.

"Arachnophobia was one of the very first movies I grew up on — at a very young age — so that was something I

loved. And when I was probably in fourth grade, a friend of mine and I would sneak into her stepfather's cabinet of movies when they were asleep and we'd watch all the old classics, like *Carrie* and *Children of the Corn*."

Despite her love of scary movies, Olsen admits she's not the best company for viewing them, though.

"My friends really don't like seeing movies with my because I am the loudest one in the audience," she says. "I laugh at things that apparently aren't funny to anyone else. And I scream and then laugh after screaming. I'm a very vocal audience member."

And as much as she loves a good scare, there's one movie she simply refuses to watch: *Open Water*, the lost-at-sea indie fright fest that put *Silent House* co-directors Chris Kentis and Laura Lau on the map.

"I am terrified of the ocean and sharks, and there are just some movies that you just really don't want to put yourself through seeing. And I know from so many people that's a terrifying film, and I know all about the movie and I know the trailer and I know what happened when they were filming with real sharks. I can't see that movie. It would scare me more, and I'm already terrified of the water."

## Rising star

## Getting choosy

Olsen has recently found her profile in the industry skyrocketing. "I did not think that after a year of trying to work I would be in a position where I got to choose things," she says.

One of those things is writer-director John Krokidas' *Kill Your Darlings*, the beat generation drama co-starring Daniel Radcliffe, Jack Huston and Ben Foster that begins filming in New York this month.

# 2

## SCENE



## Box office

## Lorax tops ticket sales

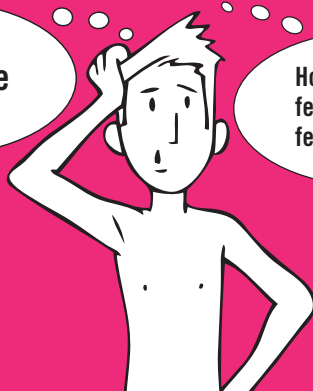
Dr. Seuss' the *Lorax* has easily beaten Edgar Rice Burroughs' *John Carter* at the weekend box office. Studio estimates Sunday put *The Lorax* at No. 1 for the second-straight weekend as the animated adventure based on the children's book took in \$39.1 million. That raised its 10-day domestic total to \$122 million, making *The Lorax* the year's top-grossing release. *John Carter*, based on Tarzan creator Burroughs' tales of the interplanetary adventurer, opened in second-place with \$30.1 million. THE ASSOCIATED PRESS

## On the Web



Squabbles, secrets and a spoiler: *Desperate Housewives* firing trial displays it all for jury

F@#%!  
I didn't use  
a condom.



Hot, sweaty,  
feverish —  
feels like the flu.

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I'm just  
imagining this.

WTF is this rash  
on my stomach?

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## Will Britney be a judge on X Factor?

Britney Spears is reportedly close to signing a deal to be a new judge for the second season of the U.S. version of X Factor, according to the Hollywood Reporter.

And who's supposedly handling the deal for her? None other than her fiancé and former agent, Jason Trawick. Spears was rumoured to be a top contender to fill one of the judging spots left empty after Paula Abdul and Nicole Scherzinger departed the show.

"Are we flattered that there could be interest? Yes," Simon Cowell said last month, adding that he "can't confirm or deny any of those rumors at the moment."



Britney Spears. ALL PHOTOS GETTY IMAGES

## Klum opens up about divorce

Heidi Klum understands that her split from Seal came as a shock to a lot of her fans.

"To the outside world, you don't really share all the things that happen. You kind of share just the most amazing sides," she tells Elle magazine.

And that's all she apparently wants to say on the matter: "I feel like already there are so many things being said about us — about him, about me. I'm not going to comment. Otherwise it makes you angry. You can't always call and say, 'This is not true, but this part is true.'"



Heidi Klum

Of course, Klum wishes her soon-to-be ex-husband would follow her example, since a lot of the quotes about their split are from Seal.

"He's a grown man. I can't tell him what to do and what not to do," Klum says. "It's hard."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### Money

## What is Whitney worth?



THE  
WORD  
Dorothy Robinson  
scene@metronews.ca

Although Whitney Houston's daughter Bobbi is set to inherit her mother's entire "fortune," a 2007 legal document uncovered by Radar Online shows that Houston's estate might not be as much as people are assuming.

An income and expense declaration during her divorce proceedings with Bobby Brown states that at the time, Houston had \$40,000 in cash, \$225,000 in stocks, and earned in excess of \$1 million for performances, per the site.

She declared owning two homes: one house in New Jersey, which was worth \$6.5 million (with \$3.247 million owed on the estate), and a townhouse in Atlanta, which was worth \$1.244 million (a reported \$1,046,603 was owed on

that property).

"Whitney's bottom line was that she had \$10,242,931 in various assets, and had debts totaling \$4,294,014," states Radar Online.

Two things that might change the bottom line:

1. Any "income declaration" you're going to show your ex-husband who is seeking your hard-earned money is going to hide a ton of cash.

2. Houston's recording contract was not listed as it was "considered separate property due to the prenuptial agreement the former couple had."

However, it's important to remember that Houston was also one of the world's best-selling music artists — having sold over 170 million albums, singles and videos worldwide. In 2001 she signed the biggest record deal in music history with Arista/BMG for \$100 million to deliver six new albums, on which she would also earn royalties. Yes, that contract is "separate" from that 2007 document but still, you would think there would be more cash than just \$6 million.

## Paps can't find Lindsay Lohan

Lindsay Lohan is no longer shacking up at the Chateau Marmont, according to Radar Online.

"Lindsay left the hotel about two-and-a-half weeks ago. It was only temporary, but her new digs could be permanent," a source says.



And where exactly are those new digs? "For the first time in 10 years, the paparazzi don't know where she is living and she is enjoying not being hounded," the source adds. "Great precautions are being made whenever Lindsay comes and goes from her new residence so that she isn't spotted. Of course, that can't last forever, but it's a nice break for her to just relax a bit at home like a normal person."

### Twitter



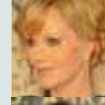
@alecbaldwin

Sugar will shorten your life.



@TheRealRoseanne

my 4 yr old grandson Ari asked why he should vote 4 me? i said, "because it means more cookies 4 U!"  
Barr2012



@MelanieGriffith

Had the always great pleasure of spending time with Ms. Sharon Stone today! On her birthday!!



@ConanOBrien

I've been practicing for this year's St. Patrick's Day. Every morning, I have my personal trainer punch me in the face. who brought babies to this bar?



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While studies differ on whether stay-at-home moms or working moms are happier, there are many other factors to a woman's happiness. ISTOCK

# Stay-at-home mom versus working mom

**Who's happier?** It all depends on who you ask. Our Mommyish writer looks into the schism and wonders what it says about us



If you go by the latest British government study, stay-at-home moms are as content and satisfied with their lives as those who choose to work.

And yet another recent U.S. study, this one by care.com, found that eight out of 10 mothers enjoy being a working parent. In fact, a whopping 64 per cent said that work does not interfere with their ability to be a good parent. (I find this shocking, by the way.)

While the results of both studies are actually quite uplifting, I always take studies like these with a grain of salt.

Why? Because, like any controversial parenting topic out there, you can find whatever it is you're looking for on Google.

For example, I typed "co-sleeping is safe" into

Google and got 23,800,000 results. I then typed "co-sleeping is dangerous" and up came 2,650,000 results ("co-sleeping kills" gets 1,570,000).

My point is that you'll find tens of thousands of official "studies" and "expert opinions" on any given topic — and you'll choose to believe whatever it is you were looking for in the first place.

The same applies to the whole working mom vs. stay-at-home mom debate.

It's astounding to me how many studies have been conducted on the subject. And yet a woman's happiness level is based on so many factors that have nothing to do with research and statistics.

I have friends who stay at home who are very fulfilled. Actually, they're more than fulfilled! Most of them are busy, sure, but they still have time for daily workouts and social interaction (especially those with school-aged children).

I have an equal number of friends who have gone totally batty not working. In fact, they've chosen to go back to work for their own sanity even if they didn't need the money. (And, yes, they feel guilty about their decision.)

Of course, it would be nice if we all that choice — most women simply have to work

for financial reasons — but that's a whole other topic. (Let it be known that I also have friends who work and end up giving 100 per cent of their salary to their nanny.)

The same schism can be seen among the working moms I know (myself included).

We are forever feeling guilty about leaving our kids each day — despite what that care.com study claims — and yet we have even more guilt about not giving 100 per cent to our jobs because we're too busy focusing on our families.

Then there are the work-from-home moms, who have either the best or worst of both worlds — depending on how you look at it.

No matter what the "experts" tell us, only we know what works for our own family. And most moms I know need to be reminded of that every so often (OK, who are kidding? More like every day). Consider this your daily reminder.

Besides, if happiness could really be defined as stay-at-home mom versus working mother, we'd all have the golden answer. If only things were that simple...

SHAWNA COHEN (MOMMYISH.COM)



# 3

LIFE

Involve the kids

## Kitchen helpers

Even young children can participate in meal preparation. Here's how:

- Let them tear foods like lettuce and pull grapes from vines.
- Have them set the oven timer and tell you when it's done.
- Allow them to push buttons on blenders, toasters and microwaves (with supervision).
- Get them to measure and then mix ingredients.

NEWS CANADA/  
BREAKFASTFORLEARNING.CA



On the Web



Columnist's earnest review of Olive Garden becomes sensation.



# Duct tape sheds its boring grey image

**Sticky inspiration.** Duct tape first became known as a fix-it-all for Second World War soldiers on the battlefield. Now it's a must-have for crafts.

Duct tape — not so good for sealing ducts but great for patching or mending lots of other things — has become a superstar in the crafting world, available in all kinds of vibrant colours and patterns, such as zebra, camouflage and tie-dye.

Want to get a group of teenage boys engrossed in a crafting project? Insert duct tape.

"The boys loved the activity," says Jake Snider, a youth pastor in Decatur, Ind., who allowed teens to personalize inexpensive Bibles with various materials, including duct tape. "Some were trying different patterns, others were figuring out how to incorporate their interests into the design. It was pretty funny to watch."



Rose rings made of colourful duct tape. MICHELE HOWARTH/QUIETMISCHIEF/THE ASSOCIATED PRESS

Snider, 24, crafts wallets and messenger bags out of comic book pages and duct tape to sell at his Etsy online shop, Half-tone Handicrafts. The comics are sealed with transparent packaging tape. His bags are lightweight but sturdy.

"For me, as a guy, I'm working with duct tape, and that's pretty manly," jokes Snider.

Troll the Internet with duct tape in mind and see its ingenious uses: jewelry, flowers, clothing. Furniture and home accessories are bedecked in

the cloth-backed tape. Kids use it to make pony-tail holders and other bright accessories; pair it with cardboard to make swords, shields and other toys. Parents praise it because there's no mess to clean up.

"It truly is one medium that's almost as limitless as your imagination," says Scott Sommers, director of marketing for ShurTech Brands, maker of Duck Brand duct tape.

Elizabeth Blue-Norton, 13, of Westminster, Colo., has made an iPad holder, hats, wallets, and clothes for her stuffed animals.

Her goal in a few years? To make a duct-tape dress for Stuck at Prom, a Duck Brand contest in its 12th year.

The formalwear contest for high schoolers closes June 13. This year's winning couple will receive \$5,000 each.

Utah sisters Michele Howarth, 23, of Orem, and Melissa Howarth, 18, of Provo, craft jewelry out of duct tape for their Etsy store, Quiet Mischief. They've sold hundreds of rings, as well as online tutorials that



A duct tape corset, part of a suit-and-dress ensemble that took a combined 29 rolls of tape and 58 hours to make. ALLISON ROGERS AND DAVID BAYLESS/SHURTECH BRANDS/LLC/THE ASSOCIATED PRESS

explain how to fashion various styles, from hearts to roses. It takes a beginner at least an hour to craft one, says Michele.

Rosalinda and Victor Salinas of Houston, Texas, make duct tape wallets and purses, many featuring iconic TV and consumer characters, such as Elmo and Hello Kitty.

Rosalinda, a bartender, began making the wallets a few months ago by watching video tutorials online; Victor now

## Lucky ducts

"There's a whole small business movement out there. The product itself is an American icon. It's always been the backbone of a lot of invention."

Scott Sommers, director of marketing for ShurTech Brands, maker of Duck Brand duct tape

runs their online shop, Duct Tape Couple, full-time.

"He's actually drumming up a lot of business," says Rosalinda. "I told him we can't af-

ford for you to go to work now. We hope it grows into something we can continue doing for a long time."

THE ASSOCIATED PRESS

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# Wild Rice Casserole: An elegant side dish for winter



This recipe serve six. THE CANADIAN PRESS H/O

This side dish idea is full of delicious dried fruits along with an apple to give you a sweet and tart tasting casserole.

Enjoy it alongside any family favourite roast.

**1** In a small saucepan set over medium-high heat, melt butter; sauté onion and celery for 4 to 5 minutes or until soft. Stir in rosemary and thyme; remove from heat.

**2** In a large bowl, combine cooked rice with onion mixture and stir in dates, apple, ham, apricots, salt and pepper.

## Ingredients

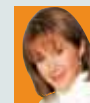
- 45 ml (3 tbsp) butter
- 1 onion, chopped
- 2 stalks celery, chopped
- 5 ml (1 tsp) dried rosemary
- 15 ml (1 tbsp) dried thyme
- 1 L (4 cups) cooked wild and long grain rice mixture
- 250 ml (1 cup) Medjool dates, pitted and chopped
- 1 cooking apple, peeled, cored and chopped
- 150 ml (2/3 cup) diced cooked ham
- 125 ml (1/2 cup) diced dried apricots
- 3 ml (3/4 tsp) salt
- 2 ml (1/2 tsp) fresh pepper

**3** Spoon into a buttered 2-l (8-cup) baking dish. Cover and bake in 180 C (350 F) oven for 30 minutes or until hot.

**BARD VALLEY MEDJOL DATE GROWERS ASSOCIATION/ THE CANADIAN PRESS/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)**

## Healthy eating

### Choose it and lose it



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Chips are not the healthiest choice for a snack to begin with. When you factor in that many popular options are deep fried and salty, the calories and sodium values shoot through the roof.

### Cheetos (54 chips, 100 g)

600 cals, 40 g fat, 1,040 mg sodium

These cornmeal fried snacks have half your daily calories and sodium in one serving. A long list of ingredients including artificial flavours and colour is a red flag.



### Equivalent

Eating 54 Cheetos is equivalent in fat to eating 10 mini messy chicken sandwiches from the kids' menu at Swiss Chalet.



### Baked Lay's Chips (52 chips, 100 g)

400 calories, 6 g fat, 460 mg sodium

This is a much healthier snack in terms of fat and sodium with no preservatives. Just watch your portions.



# Top Chef Canada returns with more emotion, bigger and better challenges

**TV show.** Season 1 became the highest rated show in Food Network Canada's history. Season 2 boasts a new host

Top Chef Canada season 2 boasts "bigger, more intense challenges" than those in season 1, but don't expect head judge and superstar cook Mark McEwan to be harder on this batch of contestants.

In fact, of the season 1 hopefuls, McEwan says: "I actually felt we pushed them too hard."

"I had moments where I thought maybe we were unfair, in terms of a balanced playing field," the renowned Toronto chef said in an interview to discuss Monday's season 2 debut on Food Network Canada.

"As it turned out, that wasn't the case because it all found a nice level. But I don't think you could be harder on them. I really don't," added McEwan, who runs the upscale restaurants North 44, Bymark, ONE and Fabbria.



Host Lisa Ray, head judge Mark McEwan and resident judge Shereen Arazm. THE CANADIAN PRESS/TOP CHEF CANADA H/O/ INSIGHT PRODUCTIONS - ANDREW MACNAUGHTAN

"We had people crying, screaming, yelling. It was more emotion. It was more dramatic."

"I think the personalities and the group dynamic between the chefs was spunky," said season 2 host Lisa Ray, star of films including Bollywood Hollywood, Cooking with Stella and Oscar-nomin-

ated Water.

"There were a lot of sparks going on, in a great way, because I think one of the best things about Top Chef is it's very respectful towards the culinary arts. It's about celebrating it and celebrating Canadian excellence, but at the same time you get behind the scenes."

Ray replaces last season's host, Thea Andrews, who couldn't return because she was pregnant at the time of taping last August, said a publicist for the show.

McEwan said Ray "came in seamlessly and felt so natural and comfortable" — and wasn't shy at the dinner table.

"You eat like a trucker. She

never stops eating," he said with a laugh as he sat next to the svelte Ray after a recent media event, in which six of the contestants took part in a mock "quickfire competition."

Ray said although she didn't know the terminology of a food critic when she first signed on to the show, she

## Top Chef by the numbers

Here are some interesting facts about this season.

- **300.** The number of chefs who applied for a spot on this season of the series.
- **\$100,000.** The grand prize amount. There is also a GE Monogram kitchen worth \$30,000 included in the prize.
- **Three.** The number of female contestants.

did have a varied palate developed through her global travels and her upbringing in Toronto.

"Going back to Etobicoke, growing up as half-Polish, half-Indian, we had some very interesting culinary feasts," said the former model.

L.A. restaurateur Shereen Arazm returns as resident judge alongside several celebrity guest judges, including home renovation expert Mike Holmes and Toronto Maple Leafs forward Colby Armstrong.

THE CANADIAN PRESS

# Greener playgrounds makes for generation of healthier children

**A connection to nature can improve life quality.** Play spaces with a green setup are popping up all over Canada

**BEN KNIGHT**  
For Metro

Imagine an all-natural playground. Instead of traditional steel and plastic, there's a hill, a pond and a big rock to climb on instead of a jungle

gym. No need to imagine. They're being built all over Canada.

"What we try to do is come up with cool, fun, wacky, interesting configurations of all of these natural elements, that kids think is an exciting thing to do," says Adam Bienenstock, founder and CEO of Bienenstock Natural Playgrounds.

"Honestly, on an evolutionary scale, we are hardwired for being connected to nature. It's in our DNA. We identify ourselves as Canadians by the land, and the iconic features around it.

## Green zones

Where you can find green zones in your community and what they entail

- Live green, play green. The

playground at Fairlea Park, near Walkley and Heron, was transformed into a Bienenstock natural playspace in 2010.

Kids don't have a problem getting this stuff — at all."

Bienenstock cites studies that show real benefits for getting children in touch with nature, even if it's just a local playground instead of a forest or National Park.

"If you have a green park,

and a green canopy of trees between your house and that green park, by the time you're 18 you have a 40 per cent lower chance of being obese," he notes.

This becomes crucially important, given the ever-rising amounts of time children

spend watching TV or playing video games. "The average for kids — from eight to 18 — in terms of screen time is 52.5 hours a week. We're talking about sedentary lifestyles, childhood obesity, all of that stuff, and that's the stuff that I work on directly."

The company has forged partnerships with Right to Play, Participaction, Parks Canada and Canadian Wildlife Federation, who all have a primary focus on getting Canadian children more active.

"There's no problem with a slide," Bienenstock believes, "but let's put it in the side of

a hill. There's no problem having a play structure, but let's have it be a giant boulder. Let's make it challenging for the kids — and connect them to nature."

The benefits, he argues, will be significant — and lasting.

"It doesn't matter whether you have a gun rack on the back of your Hummer, or if you're driving a Prius or you're cycling, this is the thing you can agree is the right thing to do."

For more information on green playgrounds, visit [greenplaygrounds.ca](http://greenplaygrounds.ca).



There is no need to hide. Green playgrounds are popping up all over Canada / ISTOCK PHOTOS

## Queen of Green

### Green in the business life



**QUEEN OF GREEN**  
Lindsay Coulter  
[green@metronews.ca](mailto:green@metronews.ca)

**I'm on a conference planning committee. What are some tips to host a "green" conference? Stephanie of Winnipeg, MB**

A green conference (or event) incorporates environmental initiatives to minimize its negative impact on the planet. And it addresses everything you'd expect — energy and water consumption, transportation, food and drink, brochures, waste, and more.

Before you dive into planning a low-carbon, carbon-neutral and/or zero-waste conference, you'll need buy-in. Get an organizing committee together with

members who are dedicated to making your event as sustainable as possible.

How will you advertise? Paper posters and direct mail are so yesterday. Choose paperless promotional activities like e-newsletters, a button on your website, Facebook and Twitter. Check out e-services like Eventbrite — they take care of invites and tickets (with instant RSVP option).

As for conference materials like session descriptions,

presenter bios and handouts, post all conference materials online (and make it phone friendly). Let attendees know in advance that it's a paperless conference.

Does your city boast a green building or two? Your venue doesn't have to be LEED-certified. It could also be a green hotel — the Green Key Eco-Rating Program rates hotels and resorts on environmental performance (see [greenkeyglobal.com](http://greenkeyglobal.com)). And choose a

central location with access to public transit.

You can also reduce food and beverage waste. Choose a catering service that offers locally grown, seasonal, vegetarian and/or sustainable seafood options. Ensure that the venue or caterer offers reusable plates, flatware and cloth napkins. Avoid single-serve options, like bottled water and single creamers and sugar packets. Coordinate with caterers or the venue to ensure all

leftover food is donated to a local food bank or charity. And ask about composting and recycling bins.

To tackle carbon emissions, consider purchasing gold standard carbon offsets or have your event Bullfrog Powered. Bullfrog Power is Canada's leading 100 per cent green electricity provider. They'll ensure that as much clean, emissions-free electricity is injected into the regional grids as the event uses.





Manjit Minhas, CEO of Minhas Creek Craft Brewing Co. PROVIDED

# 'I'm 31 years old and I couldn't really ask for anything else'

**Raise your glass.**  
Entrepreneur Manjit Minhas has brewed a \$120 million business



**TURNING POINT**  
Teresa Kruze  
life@metronews.ca

Manjit Minhas' lemonade stand in Calgary had a revolving sign.

The 10-year-old entrepreneur, along with her brother Ravinder, would charge the kids in their neighbourhood 25 cents a cup. When an adult would approach, their sign switched to 50 cents.

"My mom wasn't impressed," Manjit laughs, "but we thought we were really smart."

By the time they got to University, Manjit and her

brother had created an in-house brand of spirits for their parent's liquor store chain, and then got into the beer business by creating Mountain Crest Lager.

Their "Buck a Beer" marketing campaign caught fire and the profits started to roll in.

In 2006 they bought one of the oldest breweries in the U.S., and became the youngest brewery owners in the World.

Five years later, their companies posted revenues in excess of \$120 million.

"I'm 31 years old, I couldn't really ask for anything else. I have a healthy family, friends and business. We've been at this a decade and there have been failures along the way but they are good learning points," says Manjit.

Now, that's turning the lemons of business into brewery gold.

## That's the spirit!

### Advice from an entrepreneur

- **Believe in your product.** Have passion for what you do.
- **Set your goals.** They will provide a vision for yourself and the company.
- **Keep a tight pocket in the beginning.** Expenses can go out of control and make or break you. It's important to keep a close eye on overhead.
- **There is no substitute for hard work.** Success is not built overnight, it takes lots of hard work and perseverance.
- **Your product or service should be flexible.** It's remarkable how a little bit of tweaking in product or service can make a difference in the tough times.

## Three keys to a happy workplace environment



A simple word of appreciation can work wonders on a weary workplace. ISTOCK

**Jolly on the job.**  
Yes, you read correctly. It might just be possible for you to wake up wanting to go to work

**TIFFANY KANG**  
Metro World News in New York

Not much annoys employees more than a broken coffee machine — unless you're counting the job itself.

According to a recent sur-

vey by Right Management's talent and career services, the majority of American employees describe their present work situation as unrewarding and draining.

Talent management expert Ron Sims attributes the workplace blues primarily to feelings of confinement. With drastic reductions in staff over the last several years, "companies are doing a lot more with a lot less people, so workers can't afford to leave," he says.

Despite the slump, companies can still incorporate optimism into the picture. Sims lists three components

to a happy work environment.

### Appreciative

"People feel valued. What we have found critical is the importance of recognition and acknowledgement, even in gestures as simple as coming around and thanking people for their time and work."

### Honest

"Management is open and transparent. The company encourages everyone to discuss concerns."

### Proactive

"Though the situation is

## Look on the bright side

### It's not as tough as it seems.

- **Advice.** "Folks who handle this the best are those that understand the context. Instead of complaining, there may be something you can do in the job to make yourself more satisfied and, frankly, more happy."

tight, there are still career management opportunities to learn and develop within the company."



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## Amateur interviewees. Acing that first meeting as a first-time job hunter

BRUCE  
WALSH  
life@metronews.ca

The dreaded job interview is a crucial hurdle to entering the job market. Author Lindsey Polak's book, *Getting from College to Career*, was recently re-released by HarperCollins and updated to reflect the changing economy and technologies.

### What's the first step to preparing for a job interview?

The biggest mistake people make is saying, "I'll just be myself. I'll wing it." You need to research the organization: Visit its website, follow it on Twitter or Facebook, find out something about its products and services, culture, competitors and CEO.

### How can you weave that information into the conversation in a natural way?

A lot of people go into interviews only thinking about themselves: "How am I going to make them think that I'm great?" But if you can think



Outfit yourself for success. iStock

about it from their perspective, you can really help yourself. They don't just want someone great; they want a great fit for who they are. The goal is to sound more like a peer or an industry insider, rather than someone starting from the beginning.

### What are some common beginner mistakes?

I'm always surprised how many recruiters say people are late or dressed improperly. Another obvious no-no is leaving your cell phone on during the interview. Don't tell them you're interested in other fields. It's OK to have other interests, but your job in the interview is to get that specific job. Don't talk about anything salary-related in the initial interview.



Fit2Dance has a unique approach to getting kids moving, with a program eschewing formal choreography in favour of letting kids move without restriction.

NATHAN DENETTE/THE CANADIAN PRESS

# Freeing those feet

## Dance revolution.

A Canadian dance company is encouraging kids to step to their own beat

### Get moving!

"Dance education is about kids moving their bodies, expressing their personal feelings and ideas and just having fun with movement."

Michelle Hillier, Founder of Fit2Dance.

With each new tune pumping through the speakers, the energetic students seamlessly transform from mimicking the limber movements of a monkey to simulating the rapid-fire hand motions of a seasoned drummer.

It's likely not what most would expect from a typical dance class — but it's just how Michelle Hillier likes it.

Hillier is the founder of Fit2Dance, a Canadian dance education company with a program aimed at getting children moving. Rather than having kids follow choreographed steps, the GROOVE method KIDS pro-

gram encourages youngsters to put their own footprint on dance-inspired movements.

"Dance education is about kids moving their bodies, expressing their personal feelings and ideas and just having fun through movement," said Hillier, who formerly taught dance and drama to high school students.

"That's what drove me to create the program: to let kids just dance without all those rules and restrictions that we put on dance. But that's why teachers aren't teaching dance — because they feel that that's what they have to do."

Research was conducted to determine the skills kids need to be developing from a fundamental movement standpoint, such as skipping, galloping, running, balancing and rolling, Hillier noted.

On a recent snowy morning at a Toronto elementary school, instructor Amy Teperman led youngsters in movements inspired by such dance genres as hip-hop, bhangra, African and tango. Students bounded about the gym while following her instructions to jump, stomp, lunge, hop, balance on one leg, clasp their hands, flick their wrists and strike a

pose — all while stepping to their own beat.

"How weird can you make your shapes?" she belted, as the students contorted their bodies.

Fit2Dance takes the program to more than 250 schools in Ontario, and plans are underway to expand within Canada, the U.S. and Australia.

Revised guidelines released last year by the Canadian Society for Exercise Physiology recommend Canadian children and youth aged five to 17 get at least 60 minutes of moderate- to vigorous-intensity physical activity daily.

However, data from the Canadian Health Measures Survey found that only nine per cent of boys and four per cent of girls were meeting those targets, according to the 2011 Active Healthy Kids Canada Report Card.

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# YMCA stretches a branch out to youth

**Caring for the kids.**  
Organization amps up efforts to reach a younger generation

Two years ago, Caitlynn Stranger saw the YMCA as nothing more than a place to hang out and get into trouble.

While loitering behind one of its Winnipeg branches with friends and clashing with authority figures who questioned her presence there, she never imagined the inside of the building would have any appeal.

But when Stranger began doing some community work, the Y soon took on a different role in her life.

Hours pushing a broom through the building soon led to involvement with one of the organization's after-school sports programs for primary school children from troubled neighbourhoods, then to a month at a YMCA summer camp for at-



The YMCA has become something of a safe haven for at-risk youth. ISTOCK

risk youth.

Two years after furtively sneaking onto the grounds, Stranger now walks through the front door after school to teach children how to use the Y's climbing wall.

The extracurricular programs that have filled her leisure hours during those years, she says, have almost single-handedly saved her from the influence of peers

who were leading her down a dangerous path.

"If I had activities to do, I don't think I would have gotten involved in any of that," Stranger, 17, said in a telephone interview. "I would have met more people that were good for me and weren't involved in that stuff to begin with."

Stranger was the beneficiary of the YMCA's youth outreach strategy, which the organization describes as the hidden face of its operations.

YMCA Canada chief executive Scott Haldane said more than two million children and young adults walked through the Y's doors last year to take part in the organization's array of youth programs, adding the figure has soared by up to eight per cent in the past decade.

The fitness and recreation facilities that have given the Y nationwide brand recognition barely touch on the complex needs of the young people the organization serves, he said.

THE CANADIAN PRESS

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# Latest title 'pretty special'

**Ravens.** Carleton has now won eight men's basketball titles in the last 10 seasons



**MATTHEW WUEST**  
Metro in Halifax

The Carleton Ravens came to Halifax with a group of die-hard fans flaunting the T-shirt slogan "chasing gr8ness," and left having achieved it in dominating fashion.

The Ravens completed an undefeated season for the ages on Sunday with their record-tying eighth Canadian Interuniversity Sport men's basketball title in the past 10 years, matching the Victoria Vikes' standard by beating the Alberta Golden Bears 86-67 in the Final 8 championship game at the Metro Centre.

It completed a remarkable 34-game run of wins in which the Ravens outscored opponents by an average of 38.6 points in the regular season and a comfortable 17-point margin in three games at the Final 8.

"It's pretty special," said tournament MVP Philip Scrubb after delivering a 26-point effort, as the Ravens celebrated their seventh straight win on the Metro Centre hardwood. "A lot of guys put a lot of time and effort into this program and it's good to carry on the tradition. We just try to win every year, and to get eight is just amazing."

It was clear it was going to be a good day for the Ravens when Scrubb and Tyson Hinz — the reigning CIS players of the year — hit 13-of-18 shots in the first half and combined for 35 points to put the Golden Bears in a 20-point hole at the break.

But if it wasn't Hinz or Scrubb terrorizing opponents, somebody else inevitably stepped up, usually with a well-timed dagger from the



Carleton forward Kevin Churchill fouls University of Alberta forward Lyndon Taylor. RYAN TAPLIN/METRO IN HALIFAX

three-point range.

Willy Manigat, a fifth-year guard who comes off the bench, nailed seven three-pointers in the final two games. Thomas Scrubb, Phil-

ip's older brother and another key sub off the bench, dropped 4-of-5 from beyond the arc in a semifinal win over the Fraser Valley Cascades on Saturday. Elliott Thompson, a fifth-year

starter, sank four threes in the fourth quarter on Friday to knock off the home-province favourite Acadia Axemen in the quarter-finals.

"It takes a team effort,"

## Other action

In Sunday's bronze-medal game, St. Francis Xavier defeated Fraser Valley 89-86.

- Jeremy Dunn of Wolfville, N.S., had 28 points, eight rebounds and six assists for No. 6 St. FX. Terry Thomas of East Preston, N.S., had 13 points.

- Kyle Grewal of Surrey, B.C., scored 35 points and collected 14 rebounds for No. 5 Fraser Valley.

- In the consolation final, the No. 8 Acadia Axemen needed a late comeback to beat the No. 7 Ryerson Rams 90-83 in overtime.

- Acadia, which trailed by seven points heading into the fourth quarter, got 21 points and 12 rebounds from Kingston, Ont., native Owen Klassen.

THE CANADIAN PRESS

said Hinz, who had 16 of his 20 points in the first half. "Everyone has to step up at different points. As everyone saw here this weekend, somebody different stepped up for us every quarter."

It wasn't just about scoring for the Ravens. No opponent cracked the 70-point barrier against them at the Final 8, a credit to their overall team defence.

"It's not just one or two good players," said Golden Bears head coach Greg Francis. "He (Ravens head coach Dave Smart) has a system, he develops guys, and he's become the model and the gold standard in the country."

Eight might not be enough for the Ravens' seemingly unquenchable title thirst, with only three players not eligible to return next season.

"I just hope the guys can beat it next year," Thompson said with a smile. "I think that'd be a bit better than tying it."

## NBA. Raptors let 13-point lead slip away against visiting Bucks

Ersan Ilyasova's 31 points and 12 rebounds led the visiting Milwaukee Bucks to a 105-99 win over the Toronto Raptors on Sunday.

Drew Gooden chipped in with 21 points for the Bucks (17-24) while Mike Dunleavy came off the bench to contribute 19 points, including a key three-pointer in the fourth quarter that helped his team pull ahead for good.

DeMar DeRozan led the way for the Raptors with 21 points while Jerryd Bayless had 16 points and six rebounds in a starting role for injured point guard Jose Calderon.

Toronto (13-28) has lost four of its last six games.

Leandro Barbosa made a big contribution off the bench for Toronto in the first half. The Brazilian scored 10 points in the first half but only picked up two in the second.

Raptors coach Dwane Casey wasn't pleased with the opening his team gave him in Saturday's 105-86 loss to the Pistons in Detroit, but the Raptors got a much better opening Sunday by hitting their first six shots from the field.

The Raptors held a nine-point lead after the first quarter and a five-point lead at the half. Their lead was down to a single point after the third quarter before the Bucks pulled away in the fourth.

Toronto's lead got as high as 13 points in the second quarter.

It was a much different start to the second half as Toronto only hit five shots from the field and saw the Bucks chip away until tying the game with just over four minutes remaining in the third.

The Raptors also turned the ball over six times in the third quarter as the Bucks took their first lead of the



Raptors centre Andrea Bargnani battles with the Bucks' Ersan Ilyasova. RICK MADONIK/TORSTAR NEWS SERVICE

game with just over two minutes remaining in the quarter after a pair of Ilyasova free throws to make it 75-74.

Barbosa hit a three in the final minute to give the Raptors a one-point lead heading into the final quarter at 79-78.

The teams went back and forth in the final frame with seven lead changes in the first nine minutes of the fourth.

Beno Udrih gave the Bucks a four-point lead after hitting a pair of free throws. The Raptors were only able to get as close as two points as their shooting went cold down the stretch. THE CANADIAN PRESS

## 4 SPORTS



### In brief

## Nesbitt clinches Grand World Cup

Canada's Christine Nesbitt won the 1,000 metres at the speedskating finals Sunday to take her second overall title in two days and clinch the women's Grand World Cup. Nesbitt, from London, Ont., who won the 1,500 World Cup title on Saturday, claimed the last 1,000 race of the season in one minute 15.04 seconds, with Heather Richardson of the United States second, 0.73 seconds behind.

THE CANADIAN PRESS



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EASTERN CONFERENCE													
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk	
d-NY Rangers	67	42	18	2	5	184	145	91	22-7-0-2	20-11-2-3	4-4-1-1	L3	
d-Boston	68	40	25	1	2	222	164	83	20-13-1-1	20-12-0-1	4-5-0-1	L2	
d-Florida	68	32	23	5	8	166	191	77	17-9-1-7	15-14-4-1	5-3-0-2	W1	
Pittsburgh	68	42	21	2	3	219	173	89	24-8-2-0	18-13-0-3	9-1-0-0	W9	
Philadelphia	67	39	21	2	5	219	193	85	17-10-1-4	22-11-1-1	7-3-0-0	W5	
New Jersey	68	39	24	2	3	191	178	83	18-12-0-3	21-12-2-0	5-4-1-0	W3	
Ottawa	70	36	25	6	3	216	206	81	18-13-2-2	18-12-4-1	6-3-0-1	L1	
Washington	69	35	28	3	3	184	193	76	23-10-1-2	12-18-2-1	6-3-1-0	W3	
Winnipeg	69	32	29	4	4	181	195	72	21-10-1-3	11-19-3-1	5-3-1-1	L2	
Buffalo	69	32	29	4	4	171	194	72	17-11-3-4	15-18-0-1	7-2-1-0	W1	
Tampa Bay	68	31	30	4	3	191	233	69	20-11-1-1	11-19-3-2	5-4-1-0	L3	
Toronto	69	30	31	4	4	200	212	68	16-13-3-3	14-18-1-1	1-7-1-1	L4	
Carolina	69	26	28	9	6	181	207	67	17-13-1-5	9-15-8-1	4-2-2-2	L1	
NY Islanders	68	28	31	6	3	156	197	65	15-15-5-0	13-16-2-2	3-6-1-0	L2	
Montreal	69	27	32	2	8	183	193	64	12-15-2-6	15-17-0-2	3-7-0-0	W2	

WESTERN CONFERENCE													
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk	
d-St. Louis	70	45	18	1	6	183	135	97	28-4-1-3	17-14-0-3	9-1-0-0	W5	
d-Vancouver	69	42	19	1	7	215	172	92	20-9-0-4	22-10-1-2	4-4-1-1	L1	
d-Dallas	69	38	26	1	4	185	183	81	20-12-0-3	18-14-1-1	9-0-0-1	W5	
Detroit	69	44	22	1	2	217	162	91	28-4-1-1	16-18-0-1	4-5-0-1	L1	
Nashville	68	40	21	3	4	195	175	87	28-3-2-3	17-13-1-1	7-2-0-1	W2	
Chicago	69	37	25	4	3	207	203	81	23-9-1-3	14-18-3-0	6-4-0-0	W1	
Phoenix	69	34	25	7	7	178	173	78	18-12-2-3	16-13-1-4	5-4-0-1	W1	
Calgary	69	32	25	5	7	173	191	76	18-9-1-4	14-15-4-3	4-2-1-3	W3	
Colorado	70	36	30	3	1	183	187	76	20-15-0-1	16-15-3-0	7-3-0-0	W1	
San Jose	67	33	25	4	5	184	173	75	19-11-2-1	14-14-2-4	2-6-0-2	L5	
Los Angeles	68	31	25	5	7	151	150	74	17-13-0-4	14-12-5-3	4-5-0-1	L2	
Anaheim	69	29	30	4	6	171	193	68	18-14-2-0	11-16-2-6	4-6-0-0	L2	
Minnesota	69	29	30	2	8	150	193	68	15-13-1-3	14-17-1-5	3-6-0-1	L1	
Edmonton	68	26	35	3	4	180	206	59	16-14-2-2	10-21-1-2	4-5-1-0	L2	
Dubonut	69	22	40	2	5	161	223	51	13-20-1-2	9-20-1-3	5-5-0-0	L2	

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Calgary 4 Minnesota 3  
Washington 2 Toronto 0  
Pittsburgh 5 Boston 2  
Florida 2 Carolina 0  
St. Louis 2 Columbus 1  
Philadelphia at New Jersey  
N.Y. Islanders at N.Y. Rangers  
Los Angeles at Chicago  
**Saturday's results**  
Montreal 4 Vancouver 1  
Buffalo 4 Ottawa 3 (SO)  
Colorado 3 Edmonton 2 (SO)  
Philadelphia 1 Toronto 0 (SO)  
Carolina 4 Tampa Bay 2  
Dallas 2 Anaheim 0  
Nashville 3 Detroit 2  
New Jersey 2 N.Y. Islanders 1  
Phoenix 3 San Jose 0  
St. Louis 4 Columbus 1  
Washington 4 Boston 3  
**Tonight's games**  
Montreal at Buffalo, 7 p.m.  
Anaheim at Colorado, 9 p.m.  
San Jose at Edmonton, 9:30 p.m.  
Nashville at Phoenix, 10 p.m.

Tomorrow's games

Washington at N.Y. Islanders, 7 p.m.  
Carolina at N.Y. Rangers, 7 p.m.  
New Jersey at Philadelphia, 7 p.m.  
Boston at Tampa Bay, 7:30 p.m.  
Toronto at Florida, 7:30 p.m.  
Dallas at Minnesota, 8 p.m.  
St. Louis at Chicago, 8:30 p.m.  
San Jose at Calgary, 9 p.m.  
Detroit at Los Angeles, 10:30 p.m.  
**Wednesday's games**  
Colorado at Buffalo, 7:30 p.m.  
Ottawa at Montreal, 7:30 p.m.  
Dallas at Winnipeg, 8:30 p.m.  
Columbus at Edmonton, 10 p.m.  
Phoenix at Vancouver, 10 p.m.  
Detroit at Anaheim, 10 p.m.

CAPITALS 2, MAPLE LEAFS 0

**First Period**  
1. Washington, Laich 14, 10:07 (sh)  
**Penalties** — Toronto bench (too many men; served by Kessel) 2:32, Semin Wash (tripping) 8:27.  
**Second Period**  
No Scoring.  
**Penalties** — None.  
**Third Period**  
2. Washington, Perreault 12 (Semin, Wide-man) 0:42  
**Penalties** — None.  
**Shots on goal by**  
Toronto 7 9 7 23  
Washington 8 8 7 23  
**Goal** — Toronto: Gustavsson (L,17-16-3); Washington: Neuvirth (W,10-11-4).  
**Power plays (goals-chances)** — Toronto: 0-1; Washington: 0-1.  
**Referees** — Dennis LaRue, Tim Peel. **Linesmen** — Steve Miller, Scott Cherrey.  
**Attendance** — 18,506 (18,398).

SATURDAY

CANADIENS 4, CANUCKS 1

**First Period**  
No Scoring.  
**Penalties** — Palushaj Mtl (tripping) 8:54, Biek-sa Vcr (tripping) 18:12, Subban Mtl (roughing) 19:59.  
**Second Period**  
1. Vancouver, Kesler 21 (Booth, Higgins) 11:58  
2. Montreal, Geoffrion 1 (Leblanc, Weber) 18:43  
**Penalties** — Staubitz Mtl, Kassian Vcr (fight-ing) 4:55, White Mtl (high-sticking), Raymond Vcr (high-sticking) 14:47.  
**Third Period**  
3. Montreal, Cole 24 (Pacioretty, Gorges) 0:13  
4. Montreal, Subban 7 (Markov, Plekanec) 5:20 (pp)

5. Montreal, Cole 25 (Pacioretty) 11:02  
**Penalties** — Edler Vcr (delay of game) 3:21, Higgins Vcr (delay of game) 4:37, Campoli Mtl (roughing), Burrows Vcr (roughing) 12:38, Kassian Vcr (misconduct) 15:33, Price Mtl (roughing), Weber Mtl (high-sticking), Bur-rows Vcr (slashing) 20:00.  
**Shots on goal by**  
Montreal 5 12 18 35  
Vancouver 15 7 11 33  
**Goal** — Montreal: Price (W,24-26-9); Vancou-ver: Luongo (L,27-13-7).  
**Power plays (goals-chances)** — Montreal: 1-3; Vancouver: 0-2.  
**Referees** — Kevin Pollock, Dave Jackson.  
**Linesmen** — Jay Sharrers, Brad Lazarowich.  
**Attendance** — 18,860 (18,860).

SABRES 4, SENATORS 3 (SO)

**First Period**  
1. Ottawa, Condra 8, 8:27 (sh)  
**Penalties** — Michalek Ott (interference) 6:46, Pominville Buf (slashing) 16:19.  
**Second Period**  
2. Buffalo, Gerbe 6 (Ehrhoff, Roy) 9:28  
3. Ottawa, Karlsson 17 (Neil, N.Foligno) 11:42  
4. Buffalo, Ennis 8 (Leopold, Leino) 19:41  
**Penalties** — None.  
^Third Period  
5. Ottawa, Karlsson 18, 7:14  
6. Buffalo, M.Foligno 1, 14:06  
**Penalty** — Michalek Ott (high-sticking) 8:37.  
**Overtime**  
No Scoring.  
**Penalties** — Karlsson Ott (tripping, unsports-manlike conduct) 3:53.  
**Shootout**  
Buffalo wins 2-1  
Buffalo (2) — Boyes, miss; Pominville, goal; Ennis, goal.  
Ottawa (1) — Michalek, miss; Spezza, miss; Alfredson, goal.  
**Shots on goal by**  
Buffalo 12 13 12 4-41  
Ottawa 7 21 7 1-36  
**Goal** — Buffalo: Miller (W,24-18-5); Ottawa: Bishop (L,2-0-1). **Power plays (goals-chances)** — Buffalo: 0-3; Ottawa: 0-1.  
**Referees** — Chris Rooney, Kelly Sutherland.  
**Linesmen** — Derek Nansen, Mark Shewchuk.  
**Attendance** — 19,951 (19,153).

FLYERS 1, MAPLE LEAFS 0 (SO)

**First Period**  
No Scoring.  
**Penalties** — Lilja Pha (tripping) 4:48.  
**Second Period**  
No Scoring.  
**Penalties** — Simmonds Pha (roughing, fight-ing), Crabb Tor (fighting), Phaneuf Tor (slash-ing) 6:09, Hartnell Pha (interference) 13:03, Read Phi (high-sticking) 17:07.  
**Third Period**  
No Scoring.  
**Penalties** — None.  
**Overtime**  
No Scoring.  
**Penalties** — None.  
**Shootout**  
Philadelphia wins 1-0  
Toronto (0) — Bozak, miss; Grabovski, miss; Kessel, miss.  
Philadelphia (1) — Simmonds, miss; Giroux, goal.  
**Shots on goal by**  
Philadelphia 8 9 6 4-27  
Toronto 6 9 10 4-29  
**Goal** — Philadelphia: Bryzgalov (W,27-13-6)  
Toronto: Gustavsson (L,17-16-2).  
**Power plays (goals-chances)** — Philadelphia: 0-0 Toronto: 0-3.  
**Referees** — Dennis LaRue, Don VanMassen-hoven. **Linesmen** — Brad Kovalchik, Don Hen-derson.  
**Attendance** — 19,559 (18,819).

GOLF

CADILLAC CHAMPIONSHIP

**At Doral, Fla.**  
**Par 72**  
**Final Round**  
Justin Rose, \$1,400,000 69-64-69-70-272  
Bubba Watson, \$845,000 70-62-67-74-273  
Rory McIlroy, \$516,000 73-69-65-67-274  
70-65-69-71-275  
Peter Hanson, \$362,500 68-69-70-68-275  
Charl Schwartzel, \$362,500 70-68-69-69-276  
Luke Donald, \$260,000 76-67-68-65-276  
John Senden, \$260,000 69-67-66-75-277  
Keegan Bradley, \$165,000 72-67-66-72-277  
Matt Kuchar, \$165,000 69-70-69-69-277  
Steve Stricker, \$165,000 73-65-70-69-277  
Bo Van Pelt, \$165,000 69-74-68-67-278  
Aaron Baddeley, \$120,000 75-67-67-70-279  
Graeme McDowell (61), \$101,000 66-68-74-71-279  
Francesco Molinari, \$101,000 70-69-67-73-279  
Adam Scott, \$101,000 70-67-71-72-280  
Johnson Wagner, \$101,000 70-68-67-75-280  
Charles Howell III, \$92,000 71-73-69-67-280  
Zach Johnson, \$92,000 71-73-69-67-280  
Nick Watney, \$92,000 71-70-68-72-281  
Greg Chalmers, \$85,000 73-67-66-72-281  
Jason Day, \$85,000 75-68-70-68-281  
Robert Karlsson, \$85,000 73-64-70-74-281  
Martin Kaymer, \$85,000 68-68-75-71-282  
Thomas Bjorn, \$76,000 76-68-69-69-282  
Marcus Fraser, \$76,000 72-73-66-71-282  
Martin Laird, \$76,000 71-72-63-73-282  
Hunter Mahan, \$76,000 75-70-68-69-282  
Robert Rock, \$76,000 66-72-73-72-283  
Jonathon Byrd, \$67,500 74-70-70-69-283  
Robert Rock, \$76,000 70-72-69-72-283  
Garth Mulroy, \$67,500 73-71-69-70-283  
Lee Westwood, \$67,500 76-67-68-72-283  
Gary Woodland, \$67,500 71-70-72-72-283  
Jonathan Byrd, \$60,500 72-70-72-72-284  
K.J. Choi, \$60,500 74-67-70-73-284  
73-70-73-74-284  
Nicolas Colsaerts, \$60,500 78-72-64-70-284  
Branden Grace, \$60,500 75-68-73-68-284  
Justin Johnson, \$60,500 69-71-72-72-284  
Juvic Pagunisan, \$60,500 78-68-67-71-284  
Chez Reavie, \$60,500 76-66-66-77-284  
Webb Simpson, \$60,500 74-74-69-69-285  
Darren Clarke, \$55,500 74-76-66-77-285  
Phil Mickelson, \$55,500 72-71-71-71-285  
Riekie Fowler, \$52,000 70-72-69-72-286  
Retief Goosen, \$52,000 74-71-71-70-286  
Miguel A. Jimenez, \$52,000 69-71-73-73-286  
Brandt Snedeker, \$52,000 75-69-70-72-286  
Mark Wilson, \$52,000 72-70-72-72-286  
Hennie Otto, \$49,000 73-66-71-77-287  
Paul Casey, \$46,875 76-71-68-73-288  
Ben Crane, \$46,875 73-71-73-71-288  
K.T. Kim, \$46,875 74-72-70-73-288  
Kylie Stanley, \$46,875 69-69-76-74-288  
Gonzalo Fdez-Castano, \$45,250 74-70-73-72-289  
Geoff Ogilvy, \$45,250 73-73-70-73-289  
Jbe' Kruger, \$44,250 72-71-73-74-290  
Alvaro Quiros, \$44,250 69-74-71-76-290

PUERTO RICO OPEN

**At Rio Grande, Puerto Rico**  
**Par 72**  
**Final Round**  
George McNeill, \$630,000 66-70-67-69-272  
Ryo Ishikawa, \$378,000 70-67-69-68-274  
Henrik Stenson, \$203,000 70-69-65-71-275  
Boo Weekley, \$203,000 70-68-71-66-275  
Scott Brown, \$133,000 69-72-65-70-276  
Matt Jones, \$133,000 66-67-72-71-276  
Kevin Stadler, \$112,875 69-69-66-73-277  
Daniel Summerhays, \$112,875 68-70-68-71-277  
Blake Adams, \$94,500 74-68-68-68-278  
Graham DeLaet, \$94,500 69-70-68-71-278  
Brandt Jobe, \$94,500 76-69-67-66-278  
Todd Hamilton, \$77,000 68-69-63-69-279  
Roland Thatcher, \$77,000 69-71-68-71-279  
Roberto Castro, \$57,750 69-69-70-72-280  
Ben Curtis, \$57,750 67-73-68-72-280  
J.J. Killeen, \$57,750 70-69-69-72-280  
**Also**  
Graham DeLaet (\$38), \$94,500 69-70-68-71-278

MLB

SPRING TRAINING

AMERICAN LEAGUE

W	L	Pct
6	1	.857
7	2	.778
5	2	.714
7	3	.700
7	3	.700
5	3	.625
4	3	.571
5	4	.556
5	5	.500
5	5	.500
3	5	.375
3	6	.333
2	6	.250
2	7	.222

NATIONAL LEAGUE

W	L	Pct
5	1	.833
5	2	.714
7	3	.700
4	3	.571
5	4	.556
4	4	.500
4	4	.500
4	5	.444
2	3	.400
3	5	.375
3	5	.375
3	6	.333
2	6	.250
1	9	.100

Yesterday's results

N.Y. Yankees (ss) 3, Philadelphia (ss) 0  
Tampa Bay 4, Pittsburgh 3  
Philadelphia (ss) 4, Detroit (ss) 4, tie, 10 innings  
Toronto (ss) vs. Atlanta (ss) at Kissimmee, Fla., ccd., Rain  
Detroit (ss) vs. Houston at Kissimmee, Fla., ccd., Rain  
Boston 6, Baltimore 1  
Minnesota 5, N.Y. Yankees (ss) 1  
Toronto (ss) 9, Atlanta (ss) 5  
Washington vs. St. Louis at Jupiter, Fla., ccd., Rain  
Miami 4, N.Y. Mets 2, 5 innings  
L.A. Dodgers 5, Chicago Cubs 0  
L.A. Angels (ss) 17, Cleveland (ss) 2  
Oakland 10, Kansas City 8  
Milwaukee 5, Colorado (ss) 4  
Arizona 8, San Diego 7  
Texas 6, Cleveland (ss) 1  
San Francisco 7, Seattle 5  
Cincinnati 5, L.A. Angels (ss) 4  
Colorado (ss) 5, Chicago White Sox 2

CURLING

THE BRIER

**At Saskatoon**  
**Yesterday's results**  
**Third Place**  
Manitoba (R.Fowler) 8 Northwest Territo-ries/Yukon (J.Koe) 7 (extra end)  
**Championship**  
Ontario (Howard) vs. Alberta (K.Koe)  
**Saturday's results**  
**Page Playoffs**  
**Three vs. Four**  
Alberta (K.Koe) 10 Northwest Territo-ries/Yukon (J.Koe) 6  
**Semifinal**  
Alberta (K.Koe) 8 Manitoba (R.Fowler) 6  
**Friday's result**  
**Page Playoffs**  
**One vs. Two**  
Ontario (Howard) 9 Manitoba (R.Fowler) 3

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Chicago	34	9	.791	—
d-Miami	31	9	.775	1½
Orlando	27	15	.643	6½
d-Philadelphia	25	17	.595	8½
Indiana	23	16	.590	9
Atlanta	23	17	.575	9½
Boston	21	19	.525	11½
New York	18	23	.439	15
Milwaukee	17	24	.415	16
Cleveland	16	23	.410	16
Detroit	15	26	.366	18
New Jersey	14	28	.333	19½
Toronto	13	28	.317	20
Washington	9	30	.231	23
Charlotte	5	34	.128	27

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	32	9	.780	—
d-San Antonio	26	13	.667	5
d-L.A. Lakers	25	16	.610	7
L.A. Clippers	23	15	.605	7½
Memphis	23	16	.590	8
Denver	23	18	.561	9
Dallas	23	20	.535	10
Houston	22	20	.524	10½
Minnesota	21	21	.500	11½
Portland	20	21	.488	12
Phoenix	19	21	.475	12½
Utah	19	21	.475	12½
Golden State	16	21	.432	14

# Manning eyes potential new homes

**NFL.** Star free agent finishes weekend with trip to Arizona after meeting with Broncos

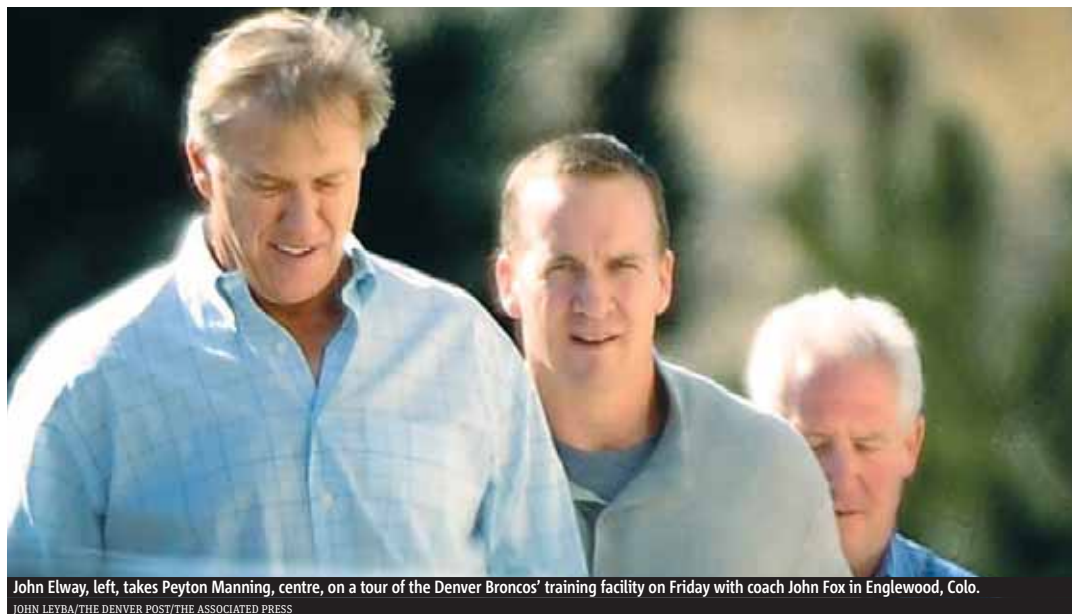
Peyton Manning arrived at the Arizona Cardinals' headquarters Sunday, the second stop for the star free agent in his search for a new team.

Manning waved and nodded to photographers and reporters from the passenger side of a white SUV driven by coach Ken Whisenhunt as it passed through the facility's security gate in the morning.

Larry Fitzgerald, one of the best receivers in the game and considered a prime reason Manning might choose Arizona, arrived a few minutes ahead of Manning. General manager Rod Graves and offensive line coach Russ Grimm were already at the facility when Manning got there.

Team president Michael Bidwill arrived after Manning.

A smattering of fans filtered in as news got out that Manning was there.



John Elway, left, takes Peyton Manning, centre, on a tour of the Denver Broncos' training facility on Friday with coach John Fox in Englewood, Colo.  
JOHN LEYBA/THE DENVER POST/THE ASSOCIATED PRESS

Among them was 26-year-old Jarrod Light, an Indianapolis Colts fan who moved to the Phoenix area 1 1/2 years ago.

"I pretty much grew up around him," he said. "When I was 12 is when he came to Indy. Now I'm 26, so pretty much

ever since I've been interested in football he was my favourite everything."

Manning arrived Saturday

night from Denver, where he had met with Broncos officials. He was expected to go to his Florida home after his Cardin-

## Cardinal pros and cons

In addition to receiver Larry Fitzgerald, the Cardinals have a coach who is flexible in his approach to the game.

- Ken Whisenhunt built a team around Kurt Warner and gave the veteran QB free rein to change plays at the line of scrimmage.
- As a result, the long-suffering Cardinals made a run to the 2008 Super Bowl and won the NFC West title in 2009.
- A concern could be Arizona's inconsistent offensive line that could lose left tackle Levi Brown.

als visit. It was unclear whether he still planned to meet with the Dolphins.

Manning reportedly wants to make a decision in the next few days. Time is of the essence for the Cardinals, who are scheduled to pay quarterback Kevin Kolb \$7 million US if he is on the roster Thursday.

THE ASSOCIATED PRESS

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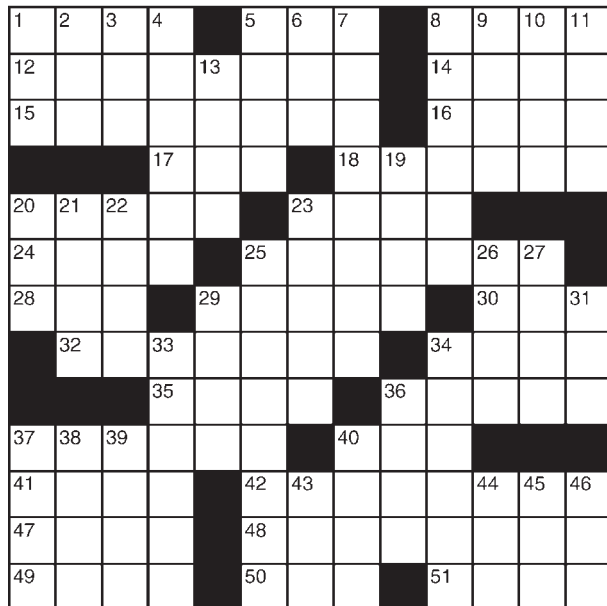
## Crossword

### Across

1 — and aahs  
5 Stir-frying vessel  
8 Gets older  
12 Opening night  
14 Cat of “Iron Chef”  
15 Priesthood school  
16 Barrel  
17 Actor Chaney  
18 Slim and trim  
20 Extraterrestrial  
23 Put your foot down?  
24 Infant  
25 Cabal member  
28 High card  
29 Sacha Baron Cohen portrayal  
30 Haul  
32 Emulate Ponce de Leon  
34 Car  
35 Freeway access  
36 “The — Is Right”  
37 Horseradish kin  
40 That woman  
41 Partner  
42 Florida State athlete  
47 Libertine  
48 Makes like  
49 Act  
50 Used a shovel  
51 Halt

### Down

1 Photo — (PR events) 2  
Raw rock  
3 Height of fashion?  
4 John le Carré hero  
5 Remove gradually  
6 Hockey legend  
Bobby



7 Pennsylvania, the — State  
8 Take  
9 Soccer score  
10 Formerly, formerly  
11 Rice wine  
13 Part of the loop  
19 White House turndown  
20 Lawyers’ org.  
21 “Arsenic and Old —”  
22 Mountain goat hero  
23 Drink noisily  
25 Made a vow  
26 Needle case  
27 Campus mil. grp.

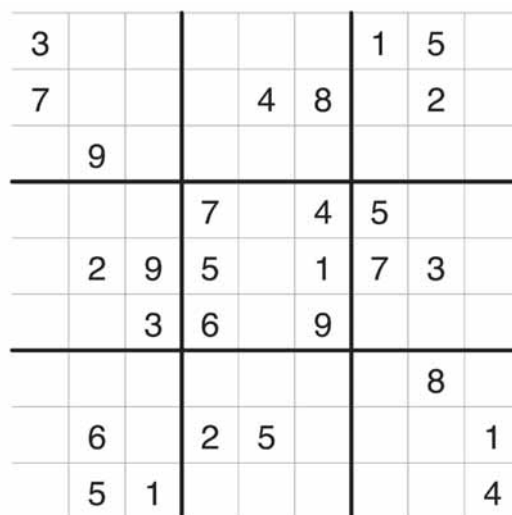
29 Spill the beans  
31 Trouble  
33 Beseeched  
34 Sports venues  
36 Collins or Donahue  
37 Prison division  
38 Lotion additive  
39 Pivot  
40 Too confident  
43 Ostrich’s kin  
44 Mel of Coopers-town  
45 Virgo neighbor  
46 Kreskin’s claim

For today’s crossword answers and for expanded horoscopes, go to metronews.ca

## Friday’s answer



## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Friday’s answer

1	3	4	5	7	9	8	6	2
9	7	2	6	8	1	3	5	4
8	5	6	4	2	3	1	9	7
3	2	1	7	5	6	9	4	8
4	9	7	2	3	8	6	1	5
6	8	5	9	1	4	2	7	3
5	6	3	8	9	7	4	2	1
2	1	9	3	4	5	7	8	6
7	4	8	1	6	2	5	3	9

## Send a kiss

- **J.J SweetHeart.** Sometimes I lay in bed late at night thinking about you, the time we spent together, what we shared with each other on Valentine’s day, what we will soon share and experience over the summer. I am looking forward to getting to know you more. I care about you and you are the most important person in my life babe.  
From Stoic Soldier
- **Miserable Girl.** You told me you were going back home away from here and it just broke my heart. Because maybe in another time, another place, another world, we would have met earlier and maybe just maybe would you have stayed. But your ticket is bought. Your friends are waiting for you back home. And I’m here hoping for a second chance. I’ll miss you.  
From Too Nice

- **answer.** What you said to me was totally unfair btw, sorry I’m not like my talpc dark, italian half sister, she got the good side, not me, all we share is past promiscuity...  
From Crying

## Horoscope

**♈ Aries | March 21 - April 20.** Aim high by all means but don’t lose sight of your limits.

**♉ Taurus | April 21 - May 21.** You may feel rather emotional today and you would be wise not to keep it bottled up inside you.

**♊ Gemini | May 22 - June 20.** You always have lots of ideas but the idea you have today will trump everything that went before.

**♋ Cancer | June 21 - July 22.** Dealings with people in authority could be difficult today, so keep your emotions in check and don’t take criticism personally.

**♌ Leo | July 23 - Aug. 22.** Other people may be stunned by how

quickly you make up your mind and get things done today but they shouldn’t be.

**♍ Virgo | Aug. 23 - Sept. 22.** You may not have a choice about some of the things you are required to do today but you do have a choice about how you do them.

**♎ Libra | Sept. 23 - Oct. 22.** You need to let partners and loved ones know how much you care.

**♏ Scorpio | Oct. 23 - Nov. 21.** This is a hectic time for you and there are still a number of tasks that will need to be finished over the next few days.

**♐ Sagittarius | Nov. 22 - Dec. 21.** Strive to see the bright side of

each and every situation you find yourself in, and if there really isn’t a bright side, well, make one up!

**♑ Capricorn | Dec. 22 - Jan. 20.** Some people may snap at you for no particular reason today but don’t take their negativity seriously.

**♒ Aquarius | Jan. 21 - Feb. 18.** Today’s cosmic set-up suggests that you may be required to change direction suddenly and in a way that is not to your liking.

**♓ Pisces | Feb. 19 - March 20.** It may be the case that you feel a bit restricted but in the fullness of time you will be glad that you were prevented from moving too far and too fast. **SALLY BROMPTON**

**Today**  
  
**11°/4°**  
 Partly cloudy

**Tuesday**  
  
**14°/1°**  
 Rain  
 80%

**Know what the weather will be 14 days from now.**  
 Check the 14 day trend.  
 ©The Weather Network 2012



## Caption Contest

“You think my make-up is too much?”  
Alishia

JONATHAN HAYWARD/ THE CANADIAN PRESS

## Win!



## You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday’s Metro.

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**12 FOCUS TITANIUM**  
NAV, LOADED, A/C, AUTO • 19650km  
st:33489 • **\$20,850** • bw:\$164\*\*\*

**07 MAZDA CX-7 AWD**  
LOADED, A/C, AUTO • 77428km  
st:32963 • **\$16,950** • bw:\$182\*

**11 MAZDA 3**  
LOADED, A/C, AUTO • 28520km  
st:32871 • **\$15,950** • bw:\$131\*\*\*

**08 SILVERADO LS 4X4**  
LOADED, A/C, AUTO • 74005km  
st:32149 • **\$19,650** • bw:\$182\*\*

**07 TUCSON V6**  
LOADED, A/C, AUTO • 65704km  
st:33327 • **\$11,950** • bw:\$128\*

**09 HONDA FIT**  
LOADED, A/C, AUTO • 57403km  
st:33529 • **\$12,960** • bw:\$120\*\*

**10 IMPALA LT**  
LOADED, A/C, AUTO • 58836km  
st:32452 • **\$14,870** • bw:\$123\*\*\*

**08 NISSAN VERSA**  
LOADED, A/C, AUTO • 99419km  
st:32712 • **\$9,650** • bw:\$90\*\*

**09 OUTLANDER 4WD**  
V6, LOADED, A/C, AUTO • 92155km  
st:11401-A • **\$16,890** • bw:\$157\*\*

**09 NISSAN XTERRA 4WD**  
LOADED, A/C, AUTO • 41466km  
st:31671 • **\$22,860** • bw:\$204\*\*

**08 ACURA TL**  
LOADED, A/C, ROOF, LTHR • 87531km  
st:33530 • **\$17,980** • bw:\$167\*\*

**07 LEGACY AWD**  
LOADED, A/C, ROOF, AUTO • 79319km  
st:28575 • **\$15,950** • bw:\$171\*

**08 PONTIAC VIBE**  
A/C, AUTO • 67077km  
st:33402 • **\$8,970** • bw:\$83\*\*

**10 CRYSLER 300 TOURING**  
LOADED, A/C, AUTO • 37776km  
st:32861 • **\$16,750** • bw:\$138\*\*\*

**08 KIA RONDO EX**  
LOADED, A/C, AUTO • 87121km  
st:33324 • **\$9,970** • bw:\$93\*\*\*

**10 KIA SOUL 4U**  
LOADED, A/C, ROOF, AUTO • 53986km  
st:32895 • **\$15,950** • bw:\$131\*\*\*

**07 NISSAN QUEST**  
LOADED, A/C, AUTO • 95995km  
st:32409 • **\$13,650** • bw:\$147\*

**08 HONDA ACCORD**  
LOADED, A/C, AUTO • 107112km  
st:32664-A • **\$13,750** • bw:\$128\*\*

**08 MAZDA B2300**  
A/C, AUTO • 61594km  
st:33422 • **\$10,750** • bw:\$100\*\*

**07 FIVE HUNDRED SEL**  
LOADED, A/C, AUTO • 106039km  
st:32092 • **\$9,970** • bw:\$107\*

**08 PONTIAC TORRENT**  
LOADED, A/C, AUTO • 75537km  
st:33159 • **\$13,380** • bw:\$124\*\*

**07 HYUNDAI SANTA FE**  
LOADED, A/C, AUTO • 81806km  
st:33289 • **\$13,870** • bw:\$149\*

**08 CHEVROLET MALIBU LT**  
LOADED, A/C • 52016km  
st:33345 • **\$12,470** • bw:\$116\*\*

**08 MAZDA TRIBUTE**  
LOADED, A/C, AUTO • 76005km  
st:33192 • **\$11,830** • bw:\$110\*\*

**07 FORD EDGE SEL AWD**  
LOADED, A/C, LTHR, AUTO • 95433km  
st:32926-A • **\$17,850** • bw:\$192\*

**11 SUZUKI SWIFT PLUS**  
LOADED, A/C, AUTO • 58162km  
st:33524 • **\$10,950** • bw:\$90\*\*\*

**09 CHRYSLER PT CRUISER**  
LOADED, A/C, AUTO • 61199km  
st:32428 • **\$8,950** • bw:\$83\*\*

**08 SAAB 9-3 2.0T**  
LOADED, ROOF, LTHR, AUTO • 90901km  
st:33488 • **\$13,980** • bw:\$130\*\*

**10 TOYOTA COROLLA CE**  
LOADED, A/C, AUTO • 65320km  
st:32948 • **\$12,950** • bw:\$107\*\*\*

**08 FORD FUSION SE**  
LOADED, A/C, ROOF, AUTO • 70497km  
st:33130 • **\$10,750** • bw:\$100\*\*

**08 FORD TAURUS SEL**  
LOADED, A/C, AUTO • 90818km  
st:32153 • **\$11,840** • bw:\$110\*\*

**09 FORD ESCAPE XLT 4WD**  
LOADED, A/C, LTHR • 87719km  
st:32729 • **\$16,460** • bw:\$153\*\*

**07 VOLKSWAGEN PASSAT**  
LOADED, A/C, LTHR, AUTO • 79395km  
st:32521 • **\$14,870** • bw:\$160\*

**09 CHRYSLER PT CRUISER**  
LOADED, A/C, AUTO • 61199km  
st:32428 • **\$8,950** • bw:\$83\*\*

**07 SAVANA CARGO VAN**  
LOADED, A/C, AUTO • 105491km  
st:33057 • **\$14,750** • bw:\$158\*

**10 SUZUKI SX4**  
LOADED, A/C, AUTO • 52490km  
st:32918 • **\$11,750** • bw:\$97\*\*

**11 HYUNDAI SONATA**  
LOADED, A/C, MAGS, AUTO • 56383km  
st:32974 • **\$17,950** • bw:\$148\*\*\*

**10 EQUINOX LS AWD**  
LOADED, A/C, AUTO • 63009km  
st:33050 • **\$18,850** • bw:\$155\*\*\*

**08 HYUNDAI ELANTRA GL**  
STD • 34056km  
st:33047 • **\$8,450** • bw:\$78\*\*

**07 PONTIAC G5 SE**  
LOADED, A/C, AUTO • 93314km  
st:33309 • **\$5,750** • bw:\$62\*

**07 HYUNDAI ACCENT GLS**  
LOADED, A/C, AUTO • 83450km  
st:33392 • **\$6,850** • bw:\$74\*

**08 NISSAN ALTIMA 2.5S**  
LOADED, A/C, AUTO • 73130km  
st:32193 • **\$13,820** • bw:\$128\*\*

**10 SENTRA XTRONIC CVT**  
LOADED, A/C, AUTO • 65580km  
st:33061 • **\$12,450** • bw:\$103\*\*\*

**07 CHRYSLER SEBRING**  
LOADED, A/C, AUTO • 86262km  
st:31515 • **\$9,680** • bw:\$104\*

**07 TRAILBLAZER 4WD**  
LOADED, A/C, ROOF, AUTO • 79210km  
st:33199 • **\$14,870** • bw:\$160\*

**11 DODGE AVENGER SXT**  
LOADED, A/C, ROOF, AUTO • 19250km  
st:33491 • **\$16,850** • bw:\$139\*\*\*

**10 SENTRA XTRONIC CVT**  
LOADED, A/C, AUTO • 65580km  
st:33061 • **\$12,450** • bw:\$103\*\*\*

**10 DODGE AVENGER**  
LOADED, A/C, AUTO • 55014km  
st:32736 • **\$12,950** • bw:\$107\*\*\*

**09 TOYOTA MATRIX S AWD**  
LOADED, A/C, AUTO • 89840km  
st:33256 • **\$12,950** • bw:\$120\*\*

**07 VOLVO S40**  
LOADED, A/C, LTHR, AUTO • 84104km  
st:32486 • **\$14,870** • bw:\$160\*

**11 TOYOTA SIENNA LE**  
LOADED, A/C, AUTO • 59919km  
st:33138 • **\$25,890** • bw:\$204\*\*\*

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### 08 Lincoln MKZ

• AWD, Loaded,  
A/C, Lthr, Auto  
• st: 33380  
• km: 89589  
**\$16,880**  
\$157\*\*  
Bi-weekly



### 07 Benz ML320 DIESEL

• AWD, NAV, Lthr,  
Loaded, Roof  
• st: 32168  
• km: 72545  
**\$29,950**  
\$311\*\*  
Bi-weekly



### 08 LandRover LR2 se

• 4x4, Loaded,  
A/C, Auto  
• st: 32103  
• km: 82605  
**\$21,870**  
\$195\*\*  
Bi-weekly



### 08 Benz B200

• Loaded, A/C,  
Auto  
• st: 32353  
• km: 66500  
**\$16,880**  
\$157\*\*  
Bi-weekly



### 08 Lexus IS250

• AWD, Loaded,  
Roof, Lthr, Auto  
• st: 29824  
• km: 75146  
**\$27,840**  
\$248\*\*  
Bi-weekly



### 09 BMW 323

• Loaded, A/C,  
Lthr, Roof, Auto  
• st: 33127  
• km: 51691  
**\$25,850**  
\$231\*\*  
Bi-weekly



**11 MAXIMA XTRONIC CVT**  
LOADED, ROOF, LTHR • 34491km  
st:32696 • **\$27,860** • bw:\$220\*\*\*

**08 VOLVO C30**  
LOADED, A/C, AUTO • 77462km  
st:32561 • **\$16,970** • bw:\$157\*\*

**07 VOLKSWAGEN GOLF CITY**  
LOADED, A/C, AUTO • 68512km  
st:32278 • **\$9,950** • bw:\$107\*

**11 MITSUBISHI LANCER SE**  
LOADED, A/C, MAGS, AUTO • 37161km  
st:33466 • **\$16,735** • bw:\$138\*\*\*

**07 MAZDA 6**  
LOADED, A/C • 53218km  
st:33478 • **\$10,780** • bw:\$116\*

**10 DODGE CHARGER**  
LOADED, A/C, AUTO • 57663km  
st:33459 • **\$15,870** • bw:\$131\*\*\*

**08 CHEVROLET COBALT LS**  
STD • 90824km  
st:33403 • **\$7,850** • bw:\$73\*\*

**07 DODGE CALIBRE SXT**  
LOADED, A/C, AUTO • 82291km  
st:31790 • **\$8,780** • bw:\$94\*

**11 TRAVERSE LS AWD**  
LOADED, A/C, AUTO • 45105km  
st:32735 • **\$27,850** • bw:\$219\*\*\*

**07 CHEVROLET OPTRA 5**  
LOADED, A/C, ROOF, AUTO • 31417km  
st:32802 • **\$8,360** • bw:\$90\*

**08 SATURN VUE XR**  
LOADED, A/C, AUTO • 71309km  
st:33473 • **\$13,980** • bw:\$130\*\*

**07 VOLKSWAGEN JETTA CITY**  
LOADED, A/C • 97048km  
st:33212 • **\$8,980** • bw:\$96\*

**08 JEEP COMPASS SPORT**  
STD • 68815km  
st:32457 • **\$10,650** • bw:\$99\*\*

**07 TOYOTA RAV4 4WD**  
LOADED, A/C, AUTO • 94969km  
st:32215 • **\$15,940** • bw:\$171\*

**06 NISSAN X-TRAIL XE**  
LOADED, A/C, AUTO • 73849km  
st:31654 • **\$10,950** • bw:\$118\*

**10 SENTRA XTRONIC CVT**  
LOADED, A/C, AUTO • 65580km  
st:33061 • **\$12,450** • bw:\$103\*\*\*

**10 DODGE AVENGER**  
LOADED, A/C, AUTO • 55014km  
st:32736 • **\$12,950** • bw:\$107\*\*\*

**09 TOYOTA MATRIX S AWD**  
LOADED, A/C, AUTO • 89840km  
st:33256 • **\$12,950** • bw:\$120\*\*

**07 VOLVO S40**  
LOADED, A/C, LTHR, AUTO • 84104km  
st:32486 • **\$14,870** • bw:\$160\*

**11 TOYOTA SIENNA LE**  
LOADED, A/C, AUTO • 59919km  
st:33138 • **\$25,890** • bw:\$204\*\*\*

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